

Mean and standard deviations of pre- and post-measures for and Incredible Years participants

Measure	<i>n</i>	Incredible Years		
		Pre-test <i>M (SD)</i>	Post-test <i>M (SD)</i>	
Depressive Symptomatology (BDI-2)	3	9.90 (8.60)	4.75 (6.83)***	
	1			
Child Abuse Potential (B-CAP)	3			
	3			
Happiness		0.87 (1.16)	0.43 (0.83)**	
Feelings of Persecution		1.27 (1.21)	1.06 (1.12)	
Loneliness		1.48 (1.68)	0.73 (1.33)**	
Family Conflict		0.27 (0.62)	0.22 (0.54)	
Rigidity		1.30 (0.88)	1.22 (0.89)	
Distress		2.27 (2.05)	1.17 (1.60)**	
Financial Insecurity		0.67 (0.78)	0.54 (0.66)	
Total Abuse Risk score		8.14 (5.32)	5.26 (3.66)***	
Parenting Stress Index (PSI)	3			
	1			
Parental Distress		30.90 (8.71)	24.11 (7.46)***	
Parent-child Dysfunctional Interaction		24.92 (6.97)	20.39 (6.71)**	
Difficult Child		35.51 (6.54)	28.66 (7.44)***	
Total Stress score		91.34 (16.82)	73.16 (3.31)***	
Child Behavior Problems (ECBI)				
Intensity	2	122.36	97.23	
	8	(24.96)	(21.24)***	
Behavior Problems	2	18.58 (6.89)	10.12 (6.43)***	
	4			
Parent Practices Interview (PPI)	3			
	3			
Harsh Discipline		2.81 (0.63)	1.92 (0.59)***	.05,
Harsh for Age		2.07 (0.70)	1.91 (0.57)	.01,
Inconsistent Discipline		3.78 (0.95)	2.77 (0.64)***	<
Appropriate Discipline		4.09 (0.90)	4.39 (0.96)	
Positive Parenting		3.96 (0.58)	4.89 (0.67)***	
Clear Expectations		4.68 (1.43)	5.92 (0.85)***	
Monitoring		4.47 (0.49)	4.54 (0.75)	

**p* < .05,
***p* < .01,
****p* < .001