Incredible Beginnings in Dorset UK Supporting Children's Early Development

Jane Davidson. UK Incredible Years Parenting Mentor.

### **Dorset County Council (DCC)**

- Rural community
- ▶ 97.9% white
- Total Population 412,905
- Child population 70,000













### The project so far:-

4 Incredible Beginnings Groups completed.
2 planned for 2018/19

- Delivered to 38 nurseries, kindergartens, pre-school, afterschool clubs, childminders (Settings)
- 53 Practitioners completed 6 days. (Managers, nursery nurses, Early Years Teachers and Advisors

- 7 did not complete. Sickness (1), staff shortages (4), nursery closed (1), job change (1)
- Joint funded. DCC and settings paying £100 per delegate.
- Two facilitators, Jane Davidson, IY Mentor & Clare Williams, Teacher and Educational Psychotherapist (IY Basic Parenting group leader (not accredited).

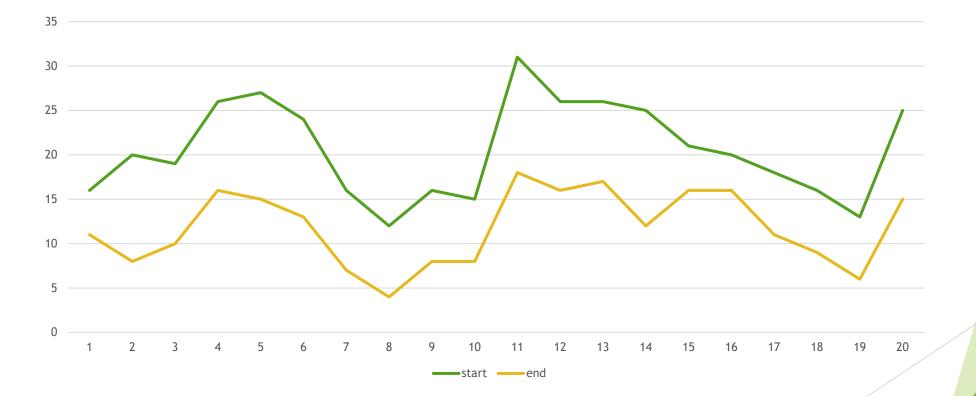
At least one practitioner completing from each of 38 settings.

Children from 0 - 5 years of age with some settings providing afterschool provision for 5 year old and older.

# Number of children who have benefit from the programme

# 2770

#### 20 random SDQ's Each practitioner followed one child from beginning of programme to the end.



# What part of the programme has been most helpful to you?

- "The whole course was extremely useful but I found social and emotional coaching very informative and useful to reflect on my own practice. One of the biggest things I found helpful is changing my whole approach to work with children down to my voice and facial expressions. Genius!!"
- "The whole programme has been brilliant very educational and enjoyable. The only way to improve is to hold more courses and make it part of the childcare training qualification. Keep up the excellent work."
- "Relearning that the child is the centre of our practice and no child is annoying/naughty - they just need attention and emotional piggy bank refilled/filled. Reminders about building relationships - relearning skills to develop/plan behaviour plans"

## **Incredible Beginnings Graduates**





#### Award Ceremony Wednesday 21<sup>st</sup> November, Hurlingham Club, London.

