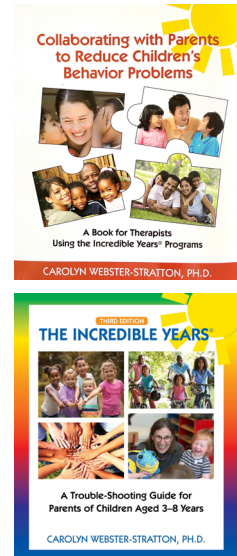


# Incredible Years® Basic 2.0 Group Leader Training

## Session One Trainee Assignments

### To Read:

- Read chapters 3, 4, & 8 in book *Collaborating with Parents to Reduce Children's Behavior Problems: A Book for Therapists Using The Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read chapter 1 in parent book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.



### To Practice:

- If possible, play with a child using the child-directed process of following the child's lead and being an "appreciative audience".

### To Study:

- Review some vignettes in Part 1 of play program with questions in leader manual.

### Note:

- Watch YouTube Collaborative Presentation if not completed in pre-training study.

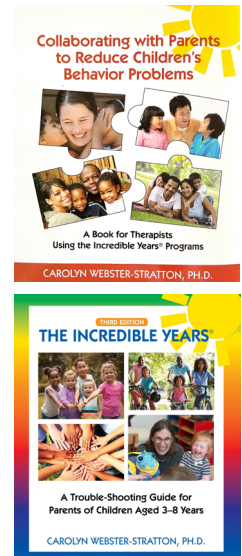


# Incredible Years® Basic 2.0 Group Leader Training

## Session Two Trainee Assignments

### To Read:

- Read chapter 5 Typical Questions in book *Collaborating with Parents to Reduce Children's Behavior Problems: A Book for Therapists Using The Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read chapters 2, 3, & 4 in parent book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.



### To Practice:

- If possible, engage in child-directed play using coaching methods.

### To Study:

- Review some vignettes in Part 1, 2, & 3 of play program with questions in leader manual. Or, see Hot Tips documents.

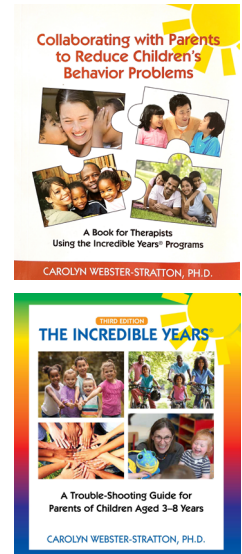


# Incredible Years® Basic 2.0 Group Leader Training

## Session Three Trainee Assignments

### To Read:

- Read chapter 6, 7 Typical Questions in book *Collaborating with Parents to Reduce Children's Behavior Problems: A Book for Therapists Using The Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read or listen to chapters 5, 6, & 7 in parent book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.



### To Practice:

- If possible, practice praising a child or family member & yourself for completing one of your goals.

### To Study:

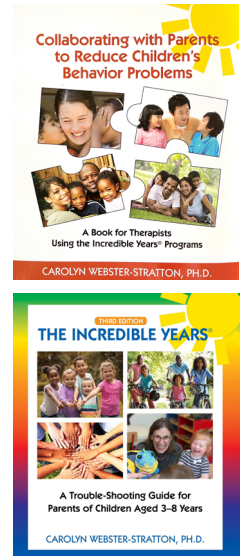
- Review vignettes in Part 1 & 2 Praise and Incentives program & Parts 1 & 2 in Proactive Discipline with questions in leader manual.

# Incredible Years® Basic 2.0 Group Leader Training

## Session Four Trainee Assignments

### To Read:

- Read chapters 9 and 10 in book *Collaborating with Parents to Reduce Children's Behavior Problems: A Book for Therapists Using The Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read chapters 8, 9, 14 in parent book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.



### To Practice:

- If possible, play with a child using the coaching principles and practice setting some clear limits and ignoring misbehavior.

### To Study:

- Review vignettes in Program 4 Parts 1, 2, 3 & 4 Preventing and Managing Misbehavior with questions in leader manual.



# Incredible Years® Basic 2.0 Group Leader Training

## Next Steps

**Read:** Read remaining chapters of parent and collaborative books

**Try:** Try academic, social and emotional coaching with children

**Continue:** Studying Group Leader manual

**Watch:** Watch program video vignettes & read questions

**Practice:** Practice sessions with your coleader.

**Plan:** Plan marketing program, parent recruitment, and venue. Plan day care providers, transportation, snacks, activities.

**Connect:** Connect with participants & do baseline assessments

**Start:** Start group!