

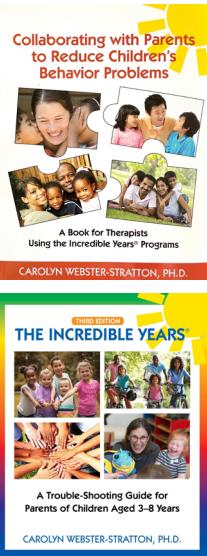


Incredible Years® Basic 2.0 Group Leader Training

Session One Trainee Assignments

To Read:

- Read chapters 3, 4, & 8 in book *Collaborating with Parents to Reduce Children's Behavior Problems: A Book for Therapists Using The Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read chapter 1 in parent book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.



To Practice:

- If possible, play with a child using the child-directed process of following the child's lead and being an "appreciative audience".

To Study:

- Review some vignettes in Part 1 of play program with questions in leader manual.

Note:

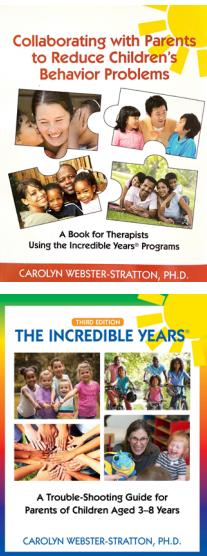
- Watch YouTube Collaborative Presentation if not completed in pre-training study.

Incredible Years® Basic 2.0 Group Leader Training

Session Two Trainee Assignments

To Read:

- Read chapter 5 Typical Questions in book *Collaborating with Parents to Reduce Children's Behavior Problems: A Book for Therapists Using The Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read chapters 2, 3, & 4 in parent book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.



To Practice:

- If possible, engage in child-directed play using coaching methods.

To Study:

- Review some vignettes in Part 1, 2, & 3 of play program with questions in leader manual. Or, see Hot Tips documents.

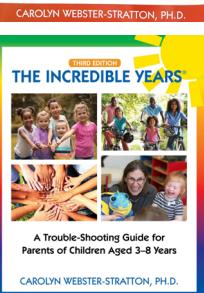
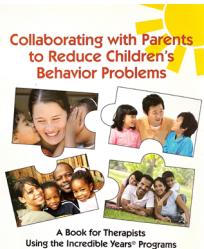


Incredible Years® Basic 2.0 Group Leader Training

Session Three Trainee Assignments

To Read:

- Read chapter 6, 7 Typical Questions in book *Collaborating with Parents to Reduce Children's Behavior Problems: A Book for Therapists Using The Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read or listen to chapters 5, 6, & 7 in parent book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.



To Practice:

- If possible, practice praising a child or family member & yourself for completing one of your goals.

To Study:

- Review vignettes in Part 1 & 2 Praise and Incentives program & Parts 1 & 2 in Proactive Discipline with questions in leader manual.

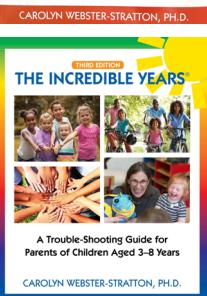
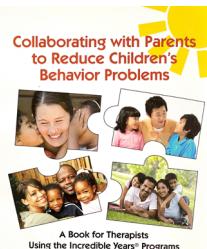


Incredible Years® Basic 2.0 Group Leader Training

Session Four Trainee Assignments

To Read:

- Read chapters 9 and 10 in book *Collaborating with Parents to Reduce Children's Behavior Problems: A Book for Therapists Using The Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read chapters 8, 9, 14 in parent book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.



To Practice:

- If possible, play with a child using the coaching principles and practice setting some clear limits and ignoring misbehavior.

To Study:

- Review vignettes in Program 4 Parts 1, 2, 3 & 4 Preventing and Managing Misbehavior with questions in leader manual.



Incredible Years® Basic 2.0 Group Leader Training

Next Steps

Read: Read remaining chapters of parent and collaborative books

Try: Try academic, social and emotional coaching with children

Continue: Studying Group Leader manual

Watch: Watch program video vignettes & read questions

Practice: Practice sessions with your coleader.

Plan: Plan marketing program, parent recruitment, and venue. Plan day care providers, transportation, snacks, activities.

Connect: Connect with participants & do baseline assessments

Start: Start group!