



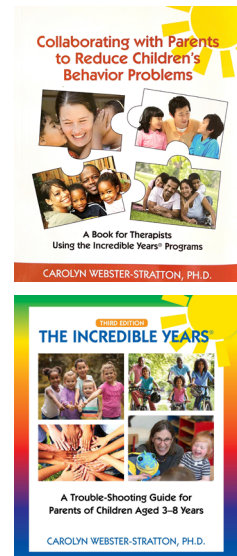
Incredible Years®

Advance Parent Group Leader Training

Session One Trainee Assignments

To Read:

- Read chapters 8 & 9 in book *Collaborating with Parents to Reduce Children's Behavior Problems: A Book for Therapists Using The Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read chapter 16 "Effective Communication" in parent book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.



To Practice:

- Practice active listening to someone.

To Study:

- Review vignettes in Part 1 of Program 5 with questions in leader manual.

Note:

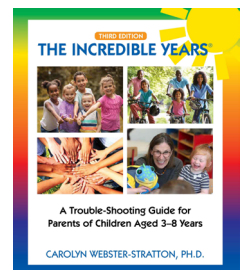
- Watch YouTube Collaborative Presentation if not completed in pre-training study.



Advance Parent Group Leader Training Session Two Trainee Assignments

To Read:

- Read chapters 14 & 15 “Controlling Upsetting Thoughts” & “Time Out from Stress and Anger” in parent book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.



To Practice:

- Practice giving someone support, or asking for feedback or support.

To Study:

- Review vignettes in Part 2 of Program 5 with questions in leader manual.

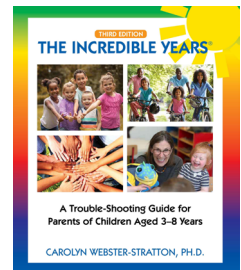


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Advance Parent Group Leader Training Session Three Trainee Assignments

To Read:

- Read or listen to chapter 17 “Problem Solving Between Adults” and chapter 18 “Working with Teachers to Prevent Problems” in parent book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.



To Practice:

- If possible, practice praising a child or family member & yourself for completing one of your goals.

To Study:

- Review vignettes in Part 3 of Program 6 with questions in leader manual.



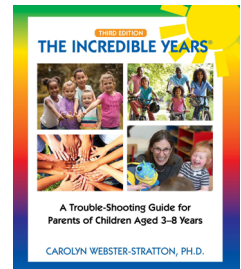
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Advance Parent Group Leader Training

Session Four Trainee Assignments

To Read:

- Read chapter 18 “Working with Teachers to Prevent Problems” in parent book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.



To Practice:

- Practice active listening to someone.

To Study:

- Review vignettes in Program 7 Parts with questions in leader manual.