The Incredible Years®

2023 Incredible Years® 19th Mentor Meeting

Seattle, WA, USA, October 3-5

Coming together again: Promoting connections and strengthening our reach







2023 Incredible Years®
19th Mentor Meeting
Promoting Connections...

WELCOME!

WELCOME TO THE INCREDIBLE YEARS® 2023 MENTOR MEETING AT The Courtyard Marriott, in Seattle, WA!

We are so excited to see you all and happy you were able to travel to come together in-person! Our theme for this year's meeting, our 19th Mentor Meeting, is **Coming together again: Promoting connections and stregthening our reach.** Our hope is that meeting together again in-person will help us reconnect, forge new connections, and focus on meaningful collaboration and learning together.

We will be meeting in a combination of the hotel conference room (the Puget Sound Room) and in two of the larger hotel room suites. Carolyn and Lisa will be available in Suite 614, and Kathleen will be available in Suite 714 if you have any questions.

We want to give you an overview and guidelines for the meeting days. We are doing both video review sessions and break out discussion groups. Carolyn will also be sharing selected new video clips she has recently recorded, with new families. Make sure to look closely at your agenda and the group lists to see where you should be for each session—ask Kathleen if you're not sure where to go!

Our first day (Tuesday, October 3rd) we will all meet together for a morning of introductions and highlighting mentor accomplishments, then presentations on Autism Program implementations, in the **Puget Sound Room**. After lunch, we will have breakout groups for video review and a meeting with Carolyn for review of the new video vignettes.

For each video review group, there will be **a coach and a presenter**. Please review the **Coach/ Presenter** document in the handouts. It will be the coach's job to find out the presenter's goals, structure the session, facilitate brainstorming, set up role plays, and make sure that the presenter is feeling comfortable and supported.

On **Wednesday and Thursday** we will begin each day in the conference room for presentations. After lunch, we will break into groups. **Pay attention to the groups for Wednesday and Thursday!**

Each day at 4:00pm, we will all come back to the Puget Sound Room to share gems from the break out groups.

At 4:30pm on Tuesday, you will be free to socialize and relax! Dinner will be arranged on your own in town. We hope that you will take this time to visit with old friends and make new ones. Try to make sure that all mentors are included in a dinner group. If you need a dinner buddy, please ask someone. We promise that you will be welcome in this nurturing and inclusive group of incredible mentors!

On Wednesday at 6:30pm, Carolyn will host an informal dinner at her home. Attendance is optional, but please do let us know if you plan to attend!

On Thursday, we will meet together for our final celebration dinner, in the Regatta Room at the hotel, at 6:30 pm.

Please let us know if you need anything during the week!

- The Incredible Years Team

The Incredible Years®

Information for your stay:

Conference Hotel: The Courtyard Marriott,
925 Westlake Ave N, Seattle, WA 98109
(206) 213-0100

Final Dinner, Oct 5th 6:30pm: Regatta Room in the Courtyard Marriott Hotel

Ground Transportation around Seattle:

Restaurants nearby:

The Bistro: located inside the hotel
breakfast & dinner, plus coffee, local beer and cocktail options

Tacos Chukis: 832 Dexter Ave N, Seattle, WA 98109
fast service Mexican food

Art Marble 21: 731 Westlake Ave N, Seattle, WA 98109
contemporary, New American plates, drinks, plus a game room

Buca di Beppo: 701 Westlake Ave N, Seattle, WA 98109
Italian food served family-style

Daniels Broiler: 809 Fairview Pl N, Seattle, WA 98109
a fine-dining steakhouse

La Palmera: 901 Mercer St, Seattle, WA 98109
a full-service Mexican restaurant

Duke's Seafood: 1111 Fairview Ave N, Seattle, WA 98109
featuring market-fresh seafood of the Pacific Northwest

Flatstick Pub: 609 Westlake Ave N, Seattle, WA 98109
featuring craft beers of the Pacific Northwest, pizza, mini-golf and other games

Tapster Pub: 1011 Valley St, Seattle, WA 98109
tasting room, featuring beer, cider, and wine

Seattle activities:



Museum of History and Industry (MOHAI)

Seattle Center (Space Needle, Chihuly Garden and Glass)

Museum of Pop Culture (MOPOP)

Center for Wooden Boats

Seattle waterfront (Aquarium, Great Wheel)

Pike Place Market

The Burke Museum at the University of Washington



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AGENDA

TUESDAY, October 3rd

TIME	ACTIVITY/PRESENTER	LOCATION
8:00-8:40	Welcome: Carolyn introducton of new mentors-in-training, and high-lightng mentor accreditatons completed over the last 3 years	Puget Sound Room
8:40-8:45	Welcome and introduce Empower Team, Brenda, Danielle, and Malaysia	Puget Sound Room
8:45-9:25	Maria McAleese: IY Parent Autsm implementaton in Northern Ireland	Puget Sound Room
9:30-10:10	Dianne Lees: IY Parent Autsm implementaton in New Zealand	Puget Sound Room
10:15-10:30	Break	
10:30-11:10	Sheila Russell & Lee Taylor-Burt: IY Teacher Autsm implementaton in New Zealand	Puget Sound Room
11:15-11:55	Lisa Herewini: IY parent program implementaton with Māori families in New Zealand	Puget Sound Room
12:00-1:00	Lunch: make your own arrangements	
1:15-4:00	Small Group Break-Out & Video Review Groups	
Binder Clamps Sticky Tape	**Binder Clamps and sticky tape with Carolyn to explore new parent vignettes (teacher/child leaders)**	Puget Sound Room






STAPLES:	PAPER CLIPS:	BINDER CLAMPS:	STICKY TAPE:
Bjørn*	Dean	Angie	Lisa C.
Cathy	Dianne*	Lee	Kathleen
Emily	Marie-Josée	Micah	Oddbjørn
Lisa H.	Stephanie	Morten	Sandra
Lucy	Ty	Peter	Sheila

*** NOTE TAKER & TIME KEEPER**

Staples **Staples** **Paper Clips** **Paper Clips**	**Parent** **Parent** **Parent** **Parent**	Lucy Video/Bjørn Coach Lisa H. Video/Cathy Coach Dianne Video/Dean Coach Ty Video/Stephanie Coach	Room 614 Room 614 Room 714 Room 714
2:30-2:45	Break, then continue with small group break-outs		
Staples **Paper Clips**	**Parent** **Parent**	Emily Video/Lisa H. Coach Dean Video/Marie-Josée Coach	Room 614 Room 714
3:15-4:00	Small groups discuss questions & review take-home message to present at 4pm		
4:00	Return to Puget Sound Room for small group gems and wrap-up		Puget Sound Room
4:30	Social Time. Dinner: make your own arrangements		





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WEDNESDAY, October 4th

Time	Activity/Team	Location
8:00-8:45am	Carolyn Presentation: Overview of the new parent program	Puget Sound Room
8:45-9:25am	Jeannie Gordon: IY Parent implementation with parents of children with ADHD	Puget Sound Room
9:30-10:10am	Dean Coffey: Randomized Control Group Trial Evaluating the On-line Basic Plus Advance IY Programs with Filipino Parents of School Age Children (8-12 years) in Los Angeles	Puget Sound Room
10:15-10:30	Break	
10:30-11:10am	Micah Orliss and Emily Haranin: IY Parent and Small Group Dina implementation online	Puget Sound Room
11:15-11:55pm	Kathleen Corrigan: Providing online accreditation video reviews, supporting fidelity delivery	Puget Sound Room
noon-1:15pm	Lunch	
1:15pm-4:00pm	Small Group Break-Out & Video Review Groups	
Staples **Paper Clips**	**Staples and Paper Clips with Carolyn to explore new parent vignettes (parent leaders)**	Puget Sound Room






STAPLES:

Bjørn
Cathy
Emily
Lisa H.
Lucy

PAPER CLIPS:

Ceth
Dean
Dianne
Marie-Josée
Stephanie
Ty

BINDER CLAMPS:

Angie
Lee*
Micah
Morten
Peter

STICKY TAPE:

Lisa C.
Kathleen
Oddbjørn
Sandra
Sheila*

*** NOTE TAKER & TIME KEEPER**

1:15pm-4:00pm	Small Group Break-Out & Video Review Groups		
Binder Clamps **Binder Clamps** **Sticky Tape** **Sticky Tape**	**Dinosaur School** **Teacher** **Teacher** **Teacher**	Morten Video/Peter Coach Lee Video/Angie Coach Lisa C. Video/Oddbjørn Coach Sandra Video/Kathleen Coach	Room 614 Room 614 Room 714 Room 714
2:30-2:45pm	Break, then continue with small group break-outs		
Binder Clamps **Sticky Tape**	**Dinosaur School** **Teacher**	Micah Video/Morten Coach Sheila Video/Lisa C. Coach	Room 614 Room 714
3:15-4:00	Small groups discuss questions & review take-home message to present at 4pm		
4:00-4:30	Return to Puget Sound Room for small group gems and wrap-up		Puget Sound Room
6:30	Informal dinner at Carolyn's house (optional) 1411 8th Ave West, Seattle		Carolyn's house





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THURSDAY, October 5th

Time	Activity/Team	Location
8:00-8:30	Carolyn Presentaton: Evaluaton of Incredible Years online delivery, and new research underway	Puget Sound Room
8:30-9:10	Bjørn Brunborg: IY Parent implementation with parents of children with ADHD	Puget Sound Room
8:30-9:10	Oddbjørn Løndal: TCM implementation in Norway	Puget Sound Room
9:15-9:55am	Sue Evans: Incredible Beginnings online implementaton in Wales	Puget Sound Room
10:00-10:15am	Break	
10:15-10:55	Marie-Josee Letarte: Online IY Parent implementaton in Quebec	Puget Sound Room
11:00-11:55	Stephanie Shepard & Minerva Ortiz: virtual Incredible Beginnings delivery and ongoing delivery of the IB and Autism programs in Rhode Island	Puget Sound Room
noon-1:10pm	Lunch	
1:15-4:00	Small Group Break-Out & Video Review Groups	
	Staples and Paper Clips with Carolyn to explore new parent vignettes (parent leaders)	Puget Sound Room
	Binder Clamps and Sticky Tape with Kathleen: Core elements of coaching and accreditation video reviews	Room 714
3:15-4:00	Small Groups review take-home message to present at 4pm	
4:00-4:30	Return to Puget Sound Room for small group gems and wrap-up	Puget Sound Room
6:30	Closing Dinner	Regatta Room



STAPLES:

Bjørn
Cathy
Emily
Lisa H.
Lucy
Peter



PAPER CLIPS:

Ceth
Dean
Dianne
Marie-Josée
Stephanie
Ty



BINDER CLAMPS:

Angie
Lee
Micah
Morten



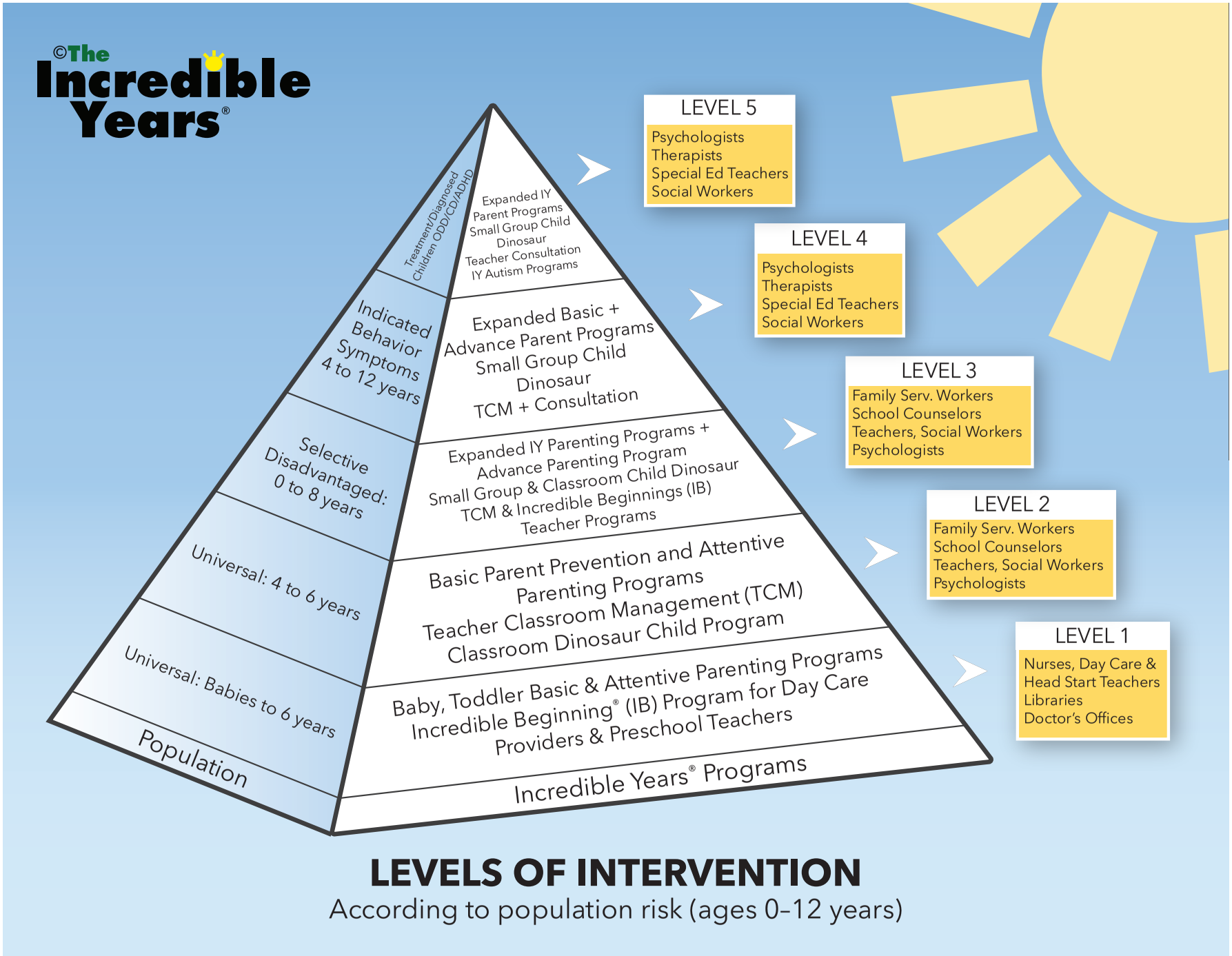
STICKY TAPE:

Lisa C.
Kathleen
Oddbjørn
Sandra
Sheila

The Incredible Years®






©The Incredible Years®
Treatment/Diagnosed Children ODD/CD/ADHD
Expanded IY Parent Programs Small Group Child Dinosaur Teacher Consultation IY Autism Programs
Indicated Behavior Symptoms 4 to 12 years
Expanded Basic + Advance Parent Programs Small Group Child Dinosaur TCM + Consultation
Selective Disadvantaged: 0 to 8 years
Expanded IY Parenting Programs + Advance Parenting Program Small Group & Classroom Child Dinosaur TCM & Incredible Beginnings (IB) Teacher Programs
Universal: 4 to 6 years
Basic Parent Prevention and Attentive Parenting Programs Teacher Classroom Management (TCM) Classroom Dinosaur Child Program
Universal: Babies to 6 years
Baby, Toddler Basic & Attentive Parenting Programs Incredible Beginning® (IB) Program for Day Care Providers & Preschool Teachers
Population
Incredible Years® Programs
LEVEL 5
Psychologists
Therapists
Special Ed Teachers
Social Workers
LEVEL 4
Psychologists
Therapists
Special Ed Teachers
Social Workers
LEVEL 3
Family Serv. Workers
School Counselors
Teachers, Social Workers
Psychologists
LEVEL 2
Family Serv. Workers
School Counselors
Teachers, Social Workers
Psychologists
LEVEL 1
Nurses, Day Care & Head Start Teachers
Libraries
Doctor's Offices
LEVELS OF INTERVENTION
According to population risk (ages 0–12 years)



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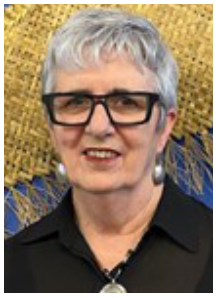
WELCOME NEW MENTORS!
2023



Lee Taylor-Burt
Lee Taylor Burt has a background as a kindergarten teacher and has specialized in early intervention for the past 20 years. Lee completed her first Incredible Years training in 2008. She delivers the Incredible Years parent, teacher and teacher autism programmes and peer coaches in the three programmes. She trained in the Dina Dinosaur small group programme and has previously delivered this programme. Lee delivers programmes to parents and teachers and peer coaches group leaders in New Zealand and is now a mentor for the Teacher Autism programme.



Lisa Christensen
Lisa is a Resource Teacher of Learning and Behaviour from Aotearoa New Zealand. She has a Masters in Specialist Teaching and has worked with a diverse range of young people, their family/whānau and school teams in both special schools and mainstream settings. She first trained in the Incredible Years Teacher program in 2013 and is an accredited group leader and peer coach. She is also trained in the Incredible Years Autism Teacher programme. Lisa is a member of the Incredible Years Teacher Practice Team and supports group leaders from around the country with their questions about IYT practice and delivery to ensure the programme is delivered with fidelity.



Lucy Gregory
Lucy was born in England and grew up in Aotearoa/New Zealand, in Ōtautahi/Christchurch. Lucy now lives in the beautiful capital city, Whanganui-a-Tara/Wellington where she is raising 2 sons (10 and 7). She is a Child and Family Psychologist with over 10 years experience facilitating Incredible Years Parenting programmes in both a mental health setting and through Incredible Families Trust. She has been delivering the Incredible Years Autism Parenting program for the last 6 years and is an accredited group leader and Peer Coach, and mentor-in-training in the IY Parent and Autism Parent programs.



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2023



Morten Haaland
Morten is a pre-school teacher with 20 years of experience of working with children in kindergartens, for the last two years serving as head. Morten now works full time at Norce, RKBU, with TIY and anti-bullying in kindergartens. Morten is a group leader in the TCM, Attentive parenting and Preschool basic programs and has lead groups for the employees and parents in the municipality of Øygarden in western part of Norway. Morten is a certified group leader and peer coach in the Classroom Dinosaur curriculum and has done groups continually since 2009.



Sandra Pickering
Sandra Pickering is a Resource Teacher Learning and Behaviour, attached to Morrinsville Intermediate, New Zealand. She has a background in primary school teaching and as a Resource Teacher Special Needs. She has a Post Graduate Diploma in Education and a Post Graduate Diploma in Special Needs Resource Teaching. She has delivered the IY Teacher training programme since 2010 and is an Accredited Group Leader and Accredited Peer Coach. Sandra is committed to the Incredible Years content and the support network, having seen the benefits at every stage of involvement for teachers and their students, Group Leaders delivering the programme and on to the Peer Coaching system.



Sheila Russell
Sheila Russell has a background in early childhood education as a kindergarten teacher and an early intervention teacher working in schools & preschools and extensively with families. Over the last 10 years she has worked full time delivering Incredible Years programs and supporting other group leaders through peer coaching. She is an accredited Peer Coach in the Incredible Years Basic Parent Program, Teacher Classroom Management Program, and Teacher Autism Program, as well as being trained in the Small Group Dinosaur Program. Sheila is is now a mentor for the Teacher Autism programme.

NEW MENTORS! 2023



Catherine Millard

Catherine Millard is a Program Consultant at Invest in Kids (IIK), a non-profit organization in Denver, CO. IIK partners with local communities to ensure the success of evidence-based programs that improve the health and wellbeing of Colorado's youngest children and their families. As a Program Consultant with Invest in Kids, Catherine trains and coaches teachers in TCM and Dinosaur School and supports Colorado communities with implementation of the Incredible Years programs. Before joining the IIK team in 2004. Catherine worked as a kindergarten teacher in the Denver Public School system. Cathrine completed Classroom Dina mentorship in March 2022.



Joanne Singleton

Joanne is a Consultant Clinical Psychologist working in the Children and Parent's Service in Manchester, England. She delivers the Incredible Years Basic Parent Programmes in South Manchester. She supports, supervises and teaches new and experienced group leaders across the city. She is a certified group leader, peer coach, and mentor in the Basic program, and a mentor-in-training for the Baby program. Joanne also has experience of delivering the School Age and the Advanced Programme within local services.



Kärt Kase

Kärt is a family psychotherapist working at her private practice in Tallinn, Estonia. Kärt has written three books on relationship issues. She is also a PAX Good Behavior Game mentor and trainer for Elementary School teachers. She is a certified group leader, peer coach, and mentor-in-training in the IY parent program. She is actively running groups and doing peer coaching.



Michelle Wood

Michelle is an Educational Psychologist in Early Intervention with the Ministry of Education in New Zealand. Michelle's experience includes working with families, teachers, and children ages 3-16 years presenting with severe and challenging behaviors, providing professional and intern supervision, and supporting the professional practice of staff across her region. Michelle is an accredited parent group leader and peer coach, and mentor-in-training with a focus on the Toddler Parenting program.



Nina Simola

Nina is a social services counselor and training specialist for the University of Turku, Finland. Nina has over 15 years of experience working with families and children, including children who have neurospsychiatric and behavioral disorders. Nina is an accredited parent group leader and peer coach, and mentor-in-training in the IY Parent Program.



Sue Howson

Sue is a Senior Mental Health practitioner, Clinical lecturer and Social worker with over 25 years' experience in working with children and families in Child and Adolescent Mental Health and Social Care settings. Sue has been an accredited IY group leader since 2008 and Peer Coach since 2018, and is now a mentor-in-training in the IY Parent program. She is currently the academic lead and clinical supervisor on the Parenting Strand of the CYP- IAPT at The University of Reading working with services throughout the SE and Midlands.



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NEW MENTOR ACCREDITATIONS! 2023



Anne Breese
(Wales)
School Readiness



Bjørn Brunborg
(Norway)
Baby Parent



Dianne Lees
(New Zealand)
Autism Parent



Emily Haranin
(USA)
Basic Parent



Ty Rivå
(Norway)
Basic Parent

PEER COACH ACCREDITATIONS

Anna Dickson, Teacher Autism
Kim Thomson, Basic Parent

GROUP LEADER ACCREDITATIONS

Bethan Baker, Home Coaching
Joanne Singleton, Baby Parent & TCM
Julie Steffen, TCM Program
Kathleen Corrigan, Incredible Beginnings & TCM
Lee Taylor-Burt, Incredible Beginnings
Shiela Russell, Incredible Beginnings



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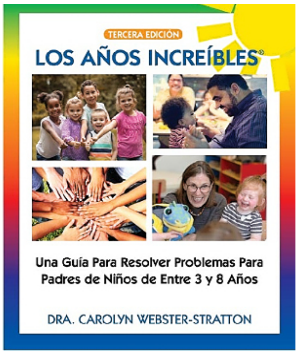
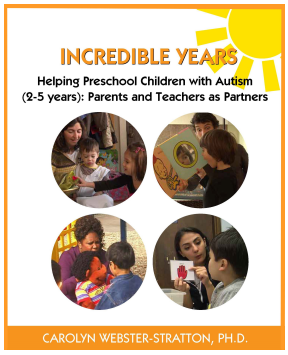
NEW MATERIALS



Third Edition *Incredible Years* Book - Spanish



Book *Helping Preschool Children with Autism: Teachers and Parents as Partners*



Autism Parenting Program Flash Drive (Spanish Autism Parent USB coming soon!)



Teacher Classroom Management Program Flash Drive



Incredible Beginnings Program Flash Drive



Program video streaming for:

Baby Parenting Program, Toddler Parenting Program, Preschool Basic, School Age Basic, Attentive Parenting Program, Autism Parenting Program. Classroom/Small Group Dina. Incredible Beginnings, Teacher Classroom Management, and Teacher Autism Programs



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NEW MATERIALS

Articles and Handouts by Carolyn Webster-Stratton

- Article by Carolyn Webster-Stratton: *How the Incredible Years® Teacher Classroom Management Program Is Trauma Informed*

  https://www.incredibleyears.com/research/library/article/how-the-incredible-years-teacher-classroom-management-program-is-trauma-informed

- Article by Carolyn Webster-Stratton: *Affirming Diversity and Achieving Cultural Sensitivity While Maintaining Program Fidelity When Delivering the Incredible Years® Programs*

  https://www.incredibleyears.com/blog/2021/09/27/affirming-diversity-and-achieving-cultural-sensitivity-when-delivering-iy-programs

- Article by Carolyn Webster-Stratton on anxiety: *How Parents Can Build Emotional Resilience in Young Children (3-8 years) Who are Anxious: The Do's and Don'ts*

  https://www.incredibleyears.com/blog/2021/10/25/how-parents-can-build-emotional-resilience-in-young-children-who-are-anxious

- Hot Tips for IY Autism Programs:

  - Communication Translation Using Sounds & Gestures
  - Using The How I Am Incredible Template
  - ABCs Of Child Learning & Behavior Training
  - Tailoring Role Play To Child Developmental Level
  - How Use The Spotlight Poster

  https://www.incredibleyears.com/resources/facilitators?name__icontains=hot+tips+for+IY+autism

- Hot Tips for IY Autism Programs: Using Visuals To Enhance Childrens Understanding Of Language

  https://www.incredibleyears.com/resources/facilitators?name__icontains=using+visuals

- Using the Wally books to promote children's social skills & emotional competence and strengthen their resilience

  https://www.incredibleyears.com/blog/2022/02/15/using-the-wally-books-to-promote-childrens-social-skills-emotional-competence-and-strengthen-their-resilience

- ***How I Am Incredible!*** handout for Parenting Programs, Autism Programs, Teacher Programs
  https://www.incredibleyears.com/resources/facilitators?name__icontains=how+i+am+incredible

- Reading with Extra CARE for Young Children on the Autism Spectrum and with Language Delays
  https://www.incredibleyears.com/resources/facilitators?name__icontains=extra-care

- Parent Self-Reflection Inventories - Weekly Tools Used (editable)
  - Weekly Tools Used to Build Positive Relationships
  - Weekly Tools Used to Stay Calm and Get Support
  - Weekly Tools Used to Manage Misbehavior

  https://www.incredibleyears.com/resources/facilitators?name__icontains=weekly+tools+used

- Parents as Coaches - editable forms
  - Parents as Academic & Persistence Coaches
  - Parents as Emotion Coaches
  - Parents as Social Skills Coaches

  https://www.incredibleyears.com/resources/facilitators?name__icontains=coaches+editable

- Helping Preschool Children with Autism: Teachers and Parents as Coaches - editable forms
  - Descriptive Commenting Coaching Editable Checklist
  - Pre-Academic Coaching Editable Checklist
  - Social Skills Coaching Editable Checklist
  - Emotion Coaching Editable Checklist

  https://www.incredibleyears.com/resources/facilitators?name__icontains=coaching+editable

- Incredible Beginnings Program Behavior Plans
  https://www.incredibleyears.com/resources/facilitators?name__icontains=behavior+plans&filter_c__in=16

- Incredible Beginnings Program Teacher-to-Parent Communication Letters
  https://www.incredibleyears.com/resources/facilitators?name__icontains=communication+letters&filter_c__in=16

- Autism Parent Program Handouts - Spanish
  https://www.incredibleyears.com/resources/facilitators?name__icontains=autism+program+handouts+%28Spanish%29

- TCM Program Handouts (updated 2022)
  https://www.incredibleyears.com/resources/facilitators?name__icontains=TCM+Handouts&filter_c__in=15

- TCM Program Handouts - Spanish
  https://www.incredibleyears.com/resources/facilitators?name__icontains=spanish&filter_c__in=15





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FIDELITY FORMS

- Peer Coaching Process Checklist

  http://www.incredibleyears.com/download/resources/mentors/Tips-for-Preparing-Mentor-Solo-Workshop-Video-for-Review.pdf

- Protocol for 3-day Training - Basic - revised July 2021

  https://www.incredibleyears.com/resources/facilitators?name__icontains=basic+2-8&filter_b__in=3

- Protocol for 3-day Training - School Age Basic - revised October 2021

  https://www.incredibleyears.com/resources/facilitators?name__icontains=-school+Age+6-12&filter_b__in=3

- Protocol for 3-day Training - Classroom Dina - revised February 2022

  https://www.incredibleyears.com/resources/facilitators?name__icontains=classroom+Dina+workshop+Training&filter_b__in=3

- Protocol for 3-day Small Group Dina Training - revised March 2022

  https://www.incredibleyears.com/resources/facilitators?name__icontains=small+group+dina+workshop+training&filter_b__in=3

- Protocol for 3-day TCM training - revised April 2022

  https://www.incredibleyears.com/resources/facilitators?name__icontains=teacher+classroom+management+workshop&filter_b__in=3

- Online consultation call prep form
  - Online Consultation Tips for Mentors via Zoom
  - Online Consultation Tips for Group Leaders
  - Online Consultation Call Prep Form

  https://www.incredibleyears.com/resources/facilitators?name__icontains=online+consultation



2023 Incredible Years® 19th Mentor Meeting **Promoting Connections...**

PUBLICATIONS

Arruabarrena, I., Rivas, G. R., Cañas, M., and Paúl, J. D. (2022). The Incredible Years Parenting and Child Treatment Programs: A Randomized Controlled Trial in a Child Welfare Setting in Spain. *Psychosocial Intervention, 31*(1), 43–58. https://doi.org/10.5093/pi2022a2

https://www.incredibleyears.com/research/library/article/the-incredible-years-parenting-and-child-treatment-programs-a-randomized-controlled-trial-in-a-child-welfare-setting-in-spain

Chuang, C.-c., Reinke, W. M., & Herman, K. C. (2020). Effects of a universal classroom management teacher training program on elementary children with aggressive behaviors. *School Psychology, 35*(2), 128–136. https://doi.org/10.1037/spq0000351

https://www.incredibleyears.com/research/library/article/effects-of-a-universal-classroom-management-teacher-training-program-on-elementary-children-with-aggressive-behaviors

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2023 Incredible Years®
19th Mentor Meeting
Promoting Connections...

COACH AND PRESENTER ROLES



AS THE **PRESENTER** FOR A SESSION, YOU WILL BE RESPONSIBLE TO:

- Find your slot on the agenda: note the day, time, and allotted length of time
- Prepare your DVD segment ahead of time - select 1 or 2 segments of video (total 10-15 min) of your group session or workshop delivery for participant feedback and bring the DVD with you!
- Identify the goals for your presentation.
- Determine when you have had enough feedback.
- Reflect on your strengths and what you have learned from the discussion and future goals.

AS THE **COACH** FOR A SESSION, YOU WILL BE RESPONSIBLE TO:

- Keep track of the time agenda for your presenter's session.
- Assure the presenter is in a safe environment and the feedback from participants is productive.
- Assist the presenter in making sure his or her goals are addressed.
- Allow everyone to participate with ideas and questions.
- Help scaffold the process of reflecting on the presenter's group leader process and methods demonstrated.
- Set up practice exercises as needed.
- Summarize what was learned from the discussion.

SMALL GROUP BREAKOUT DISCUSSION

CAROLYN WEBSTER-STRATTON

Each day in the afternoon break-out sessions, 3 mentors will share videos of their work for feedback. After these are presented, for the final 30 minutes of the break-out session, we would like you to discuss one or two of the following questions. Share strategies you currently use that are helpful. Choose a recorder to keep track of your ideas so you can summarize these gems at the end day in the large group.

• How do you help group leaders of IY parent, teacher, and child programs to support all families equitably and effectively and to respect different languages and cultures?

• How do you help group leaders develop a strong understanding of each families' cultural values and to recognize, appreciate and respect important differences?

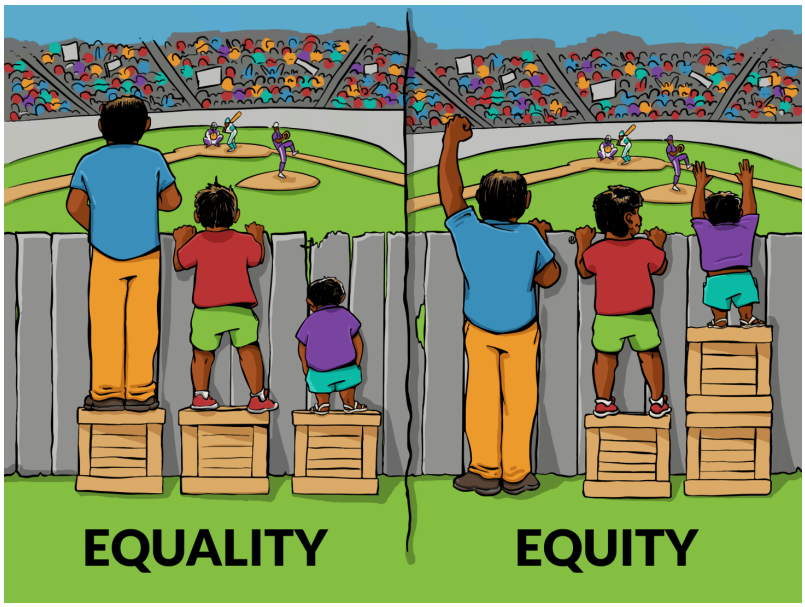
• What is the difference between "equitable" and "equal"? How does this affect how you set up role play practices in your training?

• How can you rethink what it means to label a child as defiant or challenging from a cultural point of view? How can children's behavior be influenced by their cultural background? (such as, how children pay attention, their learning approach, express themselves, eye contact etc.)

• How can you promote connections with parents, teachers and children that take culture into account?

• What suggestions do you have for tailoring the IY Programs to the family's mental health circumstances, culture, or child's developmental and language status?

• When you are reviewing a video, how do you incorporate tailoring into the discussion?





Incredible Years
Coaching and Mentoring Gems



Date _____ Group Leader(s) _____ Coach/Mentor _____

Program: Parent ☐ Teacher ☐ Child ☐ Video viewed? ☐ Topic _____ Date for next meeting _____

Fidelity Issues Discussed:

- ☐ Attendance
- ☐ Participant evaluations
- ☐ Home activities engagement
- ☐ Principles
- ☐ Mediating vignettes & Number
- ☐ Role play/practices/ buzzes & Number
- ☐ Participant goals
- ☐ Tailoring to needs
- ☐ Weekly calls
- ☐ Session checklists
- ☐ Peer & self-evaluation forms
- ☐ Group process checklists
- ☐ Self-reflection inventories
- ☐ Accreditation/ Certification
- ☐ Coaching evaluation

Group leader prior goals reviewed:



Group leader goals for group DVD review:

Issue problem solved and practiced:

Summary of Key Learning:

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Coaching and Mentoring Gems



New Goals and Plans:

Coach/Mentor Actions:

Additional Notes:

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