Incredible Years Buzz!

Workshop 6 —

In This Issue

- Using circle time to teach social skills
- Teaching students problem solving
- Encouraging emotional literacy and beginning empathy

What teachers plan to accomplish!

- Use social and emotion coaching
- Use the Wally books and puppets to teach problem solving steps
- Praise students for social skills
- Encourage student responsibility in classroom with jobs and helping others
- Send home with child the Teacher-to-Parent Communication Home Activity regarding problem-solving strategies
- Set up small group activities designed to promote problem-solving and friendship skills
- Set up a problem solution kit for students to refer to
- Model calm and respectful responses

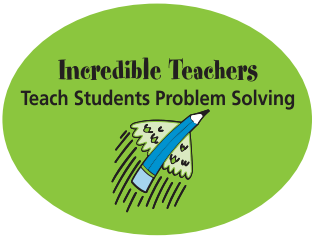
Contact:

Group leader's name/email

The Incredible Years

www.incredibleyears.com

Reminders of Suggested Activities & Readings



Take a look at your "buzz" ideas, self-reflection inventories and handouts from the last workshop to see how you are doing in teaching your students social skills, emotional regulation and problem solving strategies. Have you tried out a new idea or read some the handouts or assigned readings, or implemented your behavior plan? . . .

Principles for Emotional Regulation, Social Skills and Problem-Solving Training

Goals & Activities

Review your student behavior plans and set a goal regarding teaching problem-solving. Read chapters 9-11 in your book, *How to Promote Children's Social and Emotional Competence.* **[Write your own goals here or on your self-reflection form]**