Incredible Years Buzz!

Workshop 3 —

In This Issue

- Motivating children with difficult behaviors
- Low cost & no cost rewards

What teachers plan to accomplish!

- Identify "positive opposite" behaviors to reward (opposite of negative behaviors identified)
- Use spontaneous or surprise rewards
- Use group rewards or celebrations for achievements
- Use "Ask me how I shared?" stickers and hand stamps with students
- Involve parents in incentive systems which they can set up at home
- Send home with child the Teacher-to-Parent Communication Home Activity regarding encouragement of children's social skills
- Send home HAPPY GRAMS about students
- Praise oneself for completing a goal
- Identify one's own pleasures and rewards and plan to do one of these

Contact:

Group leader's name/email

The Incredible Years

www.incredibleyears.com

Reminders of Suggested Activities & Readings

Take a look at your "buzz" ideas, self-reflection inventories and handouts from the last workshop to see how you are doing in increasing your labelled praise statements and rewarding positive opposite behaviors. Have you implemented your behavior plan or called a parent with a positive report about their child? . . .

Principles for Motivating Students Through Incentives

Goals & Activities

Review your student behavior plans set a goal regarding an incentive system or group reward you will try. Read chapter 5 in your book, *How to Promote Children's Social and Emotional Competence.* **[Write your own goals here or on your self-reflection form]**