



Incredible Years® Peer Coach Meeting Guide

Coach Preparation

- Coach reminds group leader of what is needed to prepare for coaching session (in advance). Group leader is asked to:
 - Review video of group, set personal goal and select video segment for review and feedback from coach
 - Bring participant evaluations and protocols
- Coach prepares for meeting by reviewing group leader goals, bringing group checklists, coach evaluations, and buzz forms
- Coach prepares additional training for self-learning IY manuals and video segments as needed



Structure of IY Peer Coach Group Leader Meeting*

- Review agenda together
- Review group leader's progress with prior goals accomplished (10 min) (role play if useful)
- Clarification of goal for coaching session (10 min)
- View video vignette:
 - Support positive self-reflection (e.g. strengths)
 - Support brainstorming of alternative strategies or new ideas
- Set up a practice with ideas discussed while reviewing video segment (10 min)
- Reflect on practice and what was learned, rewind or replay practice as needed
- Review of checklist related to segment discussed (e.g., setting up role plays) (5 min)
- Set new goals and summarize key learning (buzz sheets) (5 min)
- Complete Coaching Gems form
- Review of the following at each session: session protocols, attendance, evaluations (5 min)



*Normally coaching sessions with 2 group leaders are 1 hour in length with one video.. For review of Teacher Classroom Management workshops where coaching sessions are limited to one coaching session per workshop, 2 hours of review is optimal.