

Coding Sheet for Parent Discipline Interviews

Categories of Parental Discipline Techniques

I. Physical Force

1. slap, spank, hit, kick, swat, pull hair, shake
2. physically force to do a task
3. restrain
4. lead, drag, or carry to corner, Time Out, or away from situation
5. soap in mouth
6. "bad" Time Out
7. push away
8. chase child
18. throw away toy
81. encourage child to hit back

II. Critical Verbal Force

9. yell, shout, scold, scream
10. argue, fight
11. threaten with physical punishment or physical harm or to throw away or destroy toy
12. reject child
13. humiliate child
14. express disapproval or criticize child
15. force child to do an activity
16. threaten to ignore, discipline, or punish in a non-physical manner
20. negative command
24. confront
25. make apologize or tell truth
26. guilt by induction
27. lecture
78. critical nonverbal force - stomp feet, glare
82. prolonged grounding

III. Non-Critical Verbal Force

22. command
23. repeat command
28. stick to ground, be firm

IV. Limit Setting

29. warning of Time Out or withdrawal of privileges

30. Time Out, send to room, chair, or couch (actual or attempted)
31. nose to corner
32. withdraw privileges or toys
33. logical consequences
34. remove child from situation, or alter situation
35. separate children or separate child from parent
36. stop activity
37. distract, redirect
39. supervise or monitor
57. ignore (or attempt)
41. request compliance
79. Grandma's Rule

V. Teaching/Cognitive

40. reason, discuss, talk, explain, point out what mother is doing
42. give alternatives
43. point out what child is doing
44. identify child's feelings
45. remind or restate what child is to do
46. gather more information
80. problem solving

VI. Positive Verbal Response

48. praise
50. reassure, show understanding, comfort
53. respond verbally to feelings
56. cheer up child
71. positive feeling talk
74. conversation with child
75. descriptive commenting

VII. Positive Nonverbal Response

47. listen to child
49. reward, positive reinforcement
51. give attention
52. provide assistance
54. physical affection
55. tangible reward
56. cheer up the child
72. parent positive affect
73. play with child

76. exchange - success

77. exchange - failure

VIII. Lack of Response/No Follow-Through

- 58. let go, let alone
- 59. let someone else handle it
- 60. give in to child's misbehavior
- 61. bribe child
- 62. parent does task instead of child
- 69. parent apologizes

IX. Parent's Activity and State of Mind

- 64. loss of control
- 65. disordered state of mind caused by child
- 66. parent's activity disrupted
- 68. parent does not remember