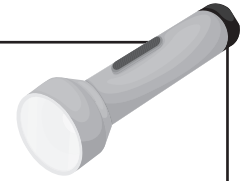







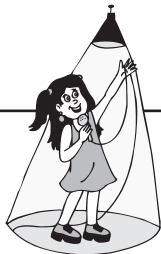
Handout
RECORD SHEET
Social Coaching



Date: _____

Instructions: Record two times you played with your child, what social coaching you did, and any response you noticed in your child.

 Child social behaviors I want to describe:	 Parent-child activity and social script:	 Child's response:
<p><i>Example: Looking at adult or peer when child communicates or shares something.</i></p> <p>1.</p> <p>2.</p>	<p><i>Example: "You are looking at me and that is so friendly."</i></p> <p>1.</p> <p>2.</p>	<p><i>Example: Robbie smiled.</i></p> <p>1.</p> <p>2.</p>



Spotlight your child's successes

Spotlighting

Facilitating Children's Social Learning: Parents as "Social Skills Coaches"



Describing and prompting children's friendly behaviors is a powerful way to strengthen children's social skills. Social skills are the first steps to making close friendships. The following is a list of social skills that you can comment on when playing with your child or when your child is playing with a friend. Use this checklist to practice your social skills coaching.

Social/Friendship Skills	Examples
<input type="checkbox"/> helping <input type="checkbox"/> sharing <input type="checkbox"/> teamwork <input type="checkbox"/> using a friendly voice (quiet, polite) <input type="checkbox"/> eye contact	"That's so friendly. You are sharing your blocks with your friend and waiting your turn." "You are both working together and helping each other like a team." "That is friendly to look at your friend."
<input type="checkbox"/> listening to what a friend says <input type="checkbox"/> taking turns <input type="checkbox"/> asking <input type="checkbox"/> trading <input type="checkbox"/> waiting	"You listened to your friend's request and followed his suggestion. That is very friendly." "You waited and asked first if you could use that. Your friend listened to you and shared." "You are taking turns. That's what good friends do for each other."
<input type="checkbox"/> responding to a friend's suggestion <input type="checkbox"/> gesturing (e.g., pointing) <input type="checkbox"/> smiling at peer <input type="checkbox"/> using soft, gentle touch <input type="checkbox"/> asking or gesturing to use something a friend has <input type="checkbox"/> cooperating <input type="checkbox"/> including another in play	"You made a friendly suggestion and your friend is doing what you wanted. That is so friendly." "You pointed to where the red block is to help your friend." "You are helping your friend build his tower." "You are being cooperative by sharing." "You worked together to figure out how to put those blocks together. You are good friends."

Prompting

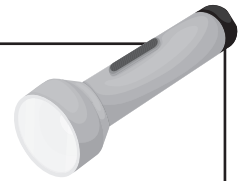
- "Your friend is looking for yellow blocks. Do you think you can find her a yellow block?" (praise child if s/he tries to help and/or point to yellow block)
- "You did that by accident. You can say 'I am sorry' to your friend."

Modeling Friendly Behavior

- Parents can model waiting, taking turns, helping, and complimenting, which also teach children these social skills. For example, "I'm going to be your friend and share my block with you."






Handout
RECORD SHEET
Peer Social Coaching



Date: _____

Instructions: Record two times you played with your child and another child, what social coaching you did, and your child's response.

 Child behaviors I want to describe:	 Parent-child activity and social script:	 Child's response:
<p><i>Example: Noticing another child or playing with or sitting next to them.</i></p> <p>1.</p> <p>2.</p>	<p><i>Example: "You noticed your friend wanted to play with you. He looks happy you let him sit next to you."</i></p> <p>1.</p> <p>2.</p>	<p><i>Example: Robbie spent less time playing alone.</i></p> <p>1.</p> <p>2.</p>



Spotlight your child's successes