

## Tiny's Controlling Anger Bingo Game

Hand out the anger bingo card using Tiny's anger steps. The teacher calls out one of the Tiny steps and the children scratch out the picture on their anger bingo card. The first child to complete a card is the winner.

Each of the bingo cards has a letter in the top right hand corner that refers to a different bingo card (A–F). Give each group of children a different bingo card to use for the game. At the end of the lettered bingo cards are larger bingo cards that can be cut out and used by the leader to draw from a detective hat or magic box to play the game.

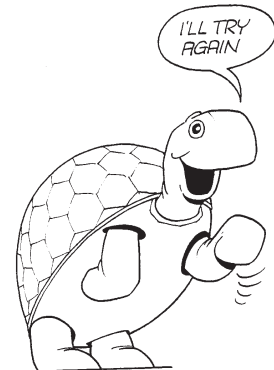
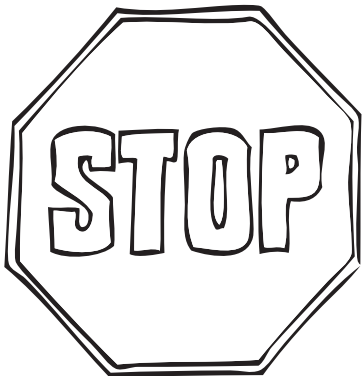
These bingo cards may be laminated for repeated use in classrooms. Also, these cards may be Xeroxed to make pairs of pictures. These pairs are cut out and turned over to play the Memory Game. (Find the matching pair!)

The Basic set (9 squares) is for level one and two children, and the Advanced set (16 squares) is for level two and three children.

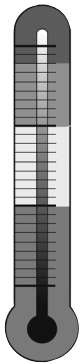


# Controlling Anger Bingo

A



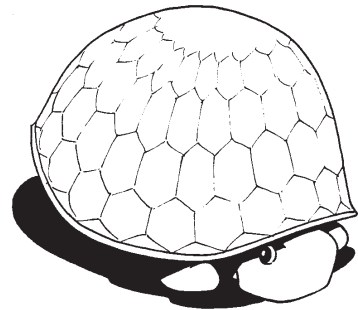
Try Again



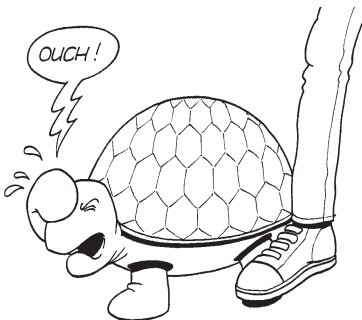
Calm Down Thermometer



Stay Cool



Withdraw into Shell



Getting Angry



Calm

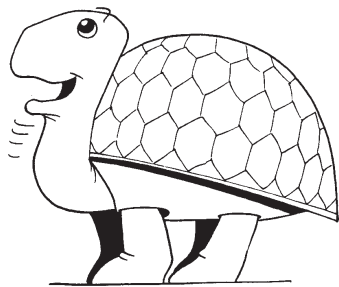


Relax



# Controlling Anger Bingo

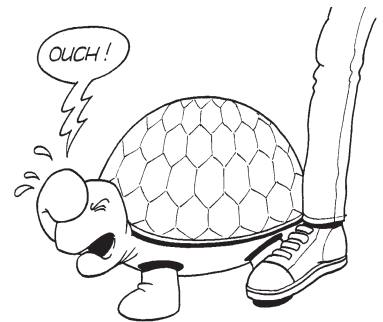
B



Take a Slow Breath



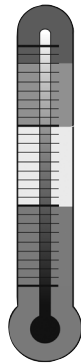
Calm



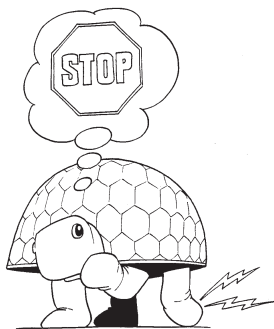
Getting Angry



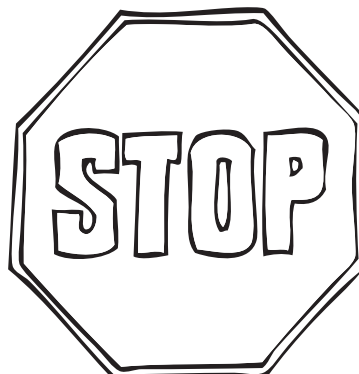
Calm Down Thermometer



Stay Cool



Think STOP

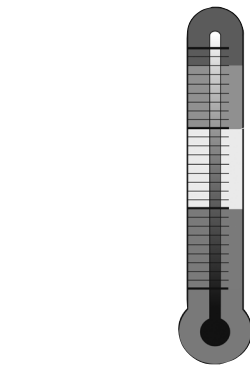


Calm



# Controlling Anger Bingo

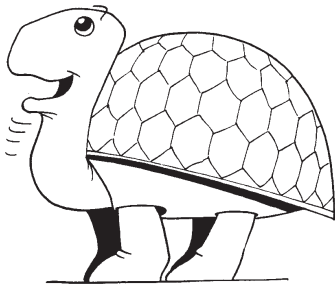
C



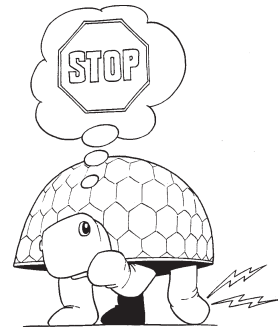
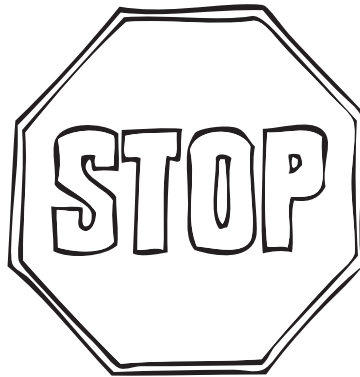
**Calm Down Thermometer**



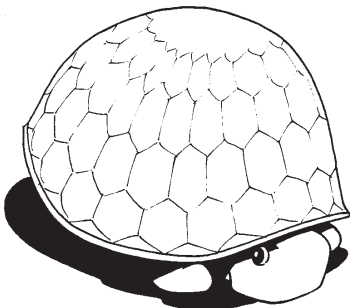
**Relax**



**Take a Slow Breath**



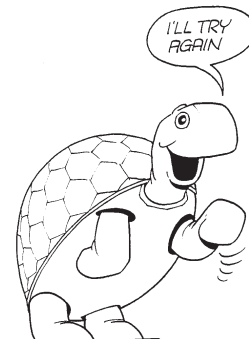
**Think STOP**



**Withdraw into Shell**



**Stay Cool**

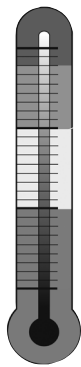


**Try Again**



# Controlling Anger Bingo

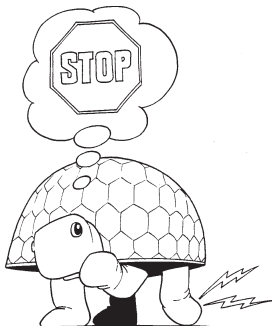
D



**Calm Down Thermometer**



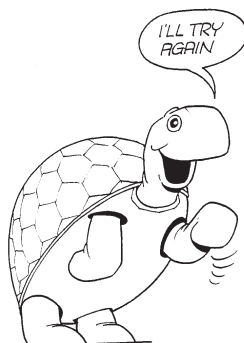
**Stay Cool**



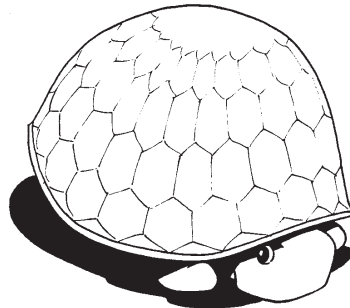
**Think STOP**



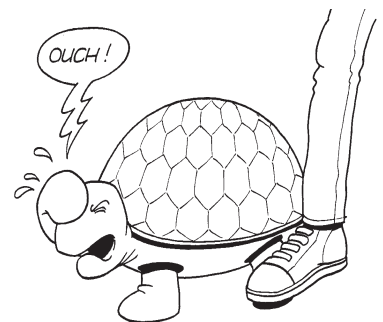
**Relax**



**Try Again**



**Withdraw into Shell**

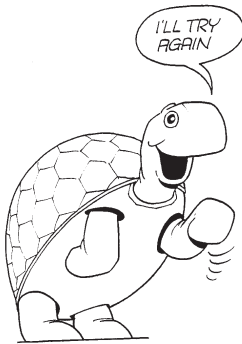


**Getting Angry**

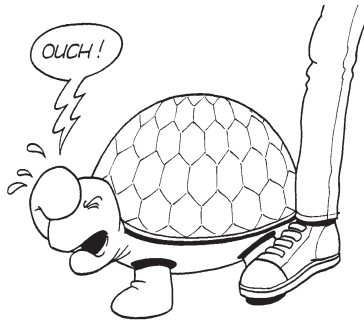


# Controlling Anger Bingo

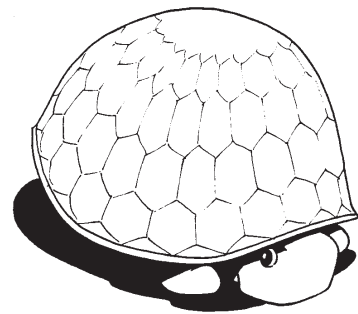
E



Try Again



Getting Angry



Withdraw into Shell

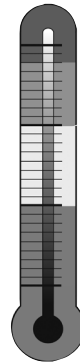


Calm

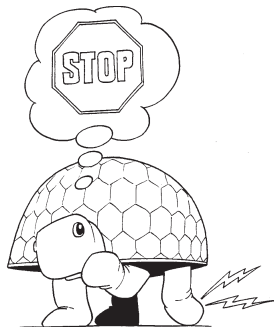
**STOP**  
TAKE 3 BREATHS.  
I CAN CALM DOWN.



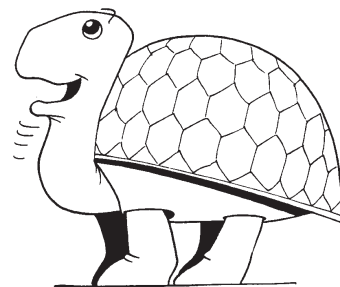
Calm Down Thermometer



Relax



Think STOP

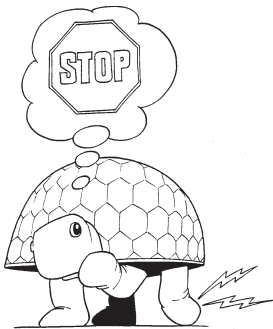


Take a Slow Breath

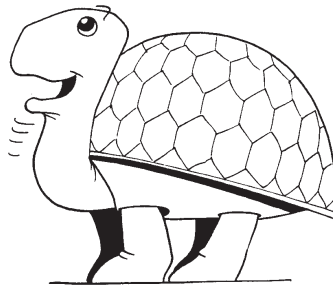


# Controlling Anger Bingo

F



Think STOP



Take a Slow Breath



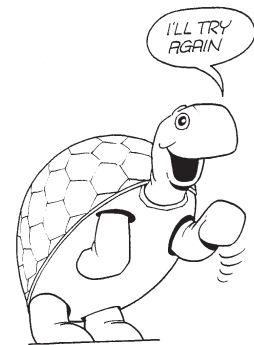
Stay Cool



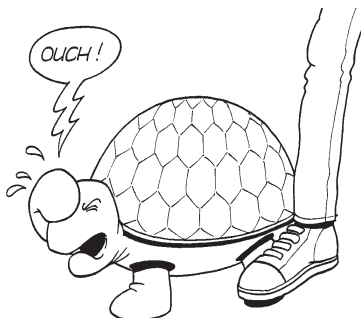
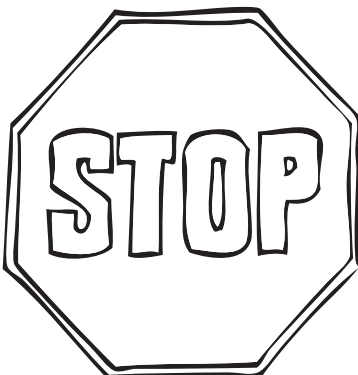
Relax



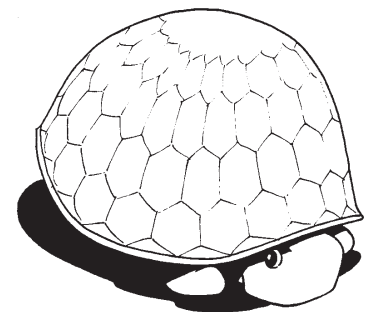
Calm



Try Again



Getting Angry



Withdraw into Shell