

This section asks questions about different ways of disciplining children to reduce their misbehavior.

1. The following is a list of things that parents have told us they do when their children misbehave. In general, how often do you do each of the following things when your child misbehaves (that is, does something s/he is not supposed to do)?

- | | | | | | | | |
|--|-------|--------|-----------|---------------------|-------|------------|--------|
| | Never | Seldom | Sometimes | About half the time | Often | Very often | Always |
| a. Notice it but not do anything about it (ignore). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| b. Raise your voice (scold or yell). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| c. Get your child to correct the problem or make up for his/her mistake. | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| d. Threaten to punish him/her (but not really punish him/her). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| e. Give him/her a time out. | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| f. Take away privileges (like TV, playing with friends). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| g. Give your child a spanking/smacking (on bottom). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| h. Slap or hit your child (but not spanking). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| i. Give your child extra work chores. | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| j. Problem solve with your child. | ○ | ○ | ○ | ○ | ○ | ○ | ○ |

2. If your child hit another child, how likely is it that you would discipline your child in the following ways?

- | | | | | | | | |
|--|-------------------|-----------------|-----------------|-------------------|--------------|-------------|------------------|
| | Not at all likely | Slightly likely | Somewhat likely | Moderately likely | Quite likely | Very likely | Extremely likely |
| a. Notice it but not do anything about it (ignore). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| b. Raise your voice (scold or yell). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| c. Get your child to correct the problem or make up for his/her mistake. | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| d. Threaten to punish him/her (but not really punish him/her). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| e. Give him/her a time out. | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| f. Take away privileges (like TV, playing with friends). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| g. Give your child a spanking/smacking (on bottom). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| h. Slap or hit your child (but not spanking). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| i. Give your child extra work chores. | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| j. Problem solve with your child. | ○ | ○ | ○ | ○ | ○ | ○ | ○ |

3. If your child refused to do what you wanted him/her to do, how likely is it that you would use each of the following discipline techniques.

- | | | | | | | | |
|--|-------------------|-----------------|-----------------|-------------------|--------------|-------------|------------------|
| | Not at all likely | Slightly likely | Somewhat likely | Moderately likely | Quite likely | Very likely | Extremely likely |
| a. Notice it but not do anything about it (ignore). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| b. Raise your voice (scold or yell). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| c. Get your child to correct the problem or make up for his/her mistake. | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| d. Threaten to punish him/her (but not really punish him/her). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| e. Give him/her a time out. | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| f. Take away privileges (like TV, playing with friends). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| g. Give your child a spanking/smacking (on bottom). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| h. Slap or hit your child (but not spanking). | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| i. Give your child extra work chores. | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| j. Problem solve with your child. | ○ | ○ | ○ | ○ | ○ | ○ | ○ |

Never
Seldom
Sometimes
About half the time
Often
Very often
Always

4. In general, how often do the following things happen?

- a. If you ask your child to do something and s/he doesn't do it, how often do you give up trying to get him/her to do it?
- b. If you warn your child that you will discipline him/her if s/he doesn't stop, how often do you actually discipline him/her if s/he keeps misbehaving?
- c. How often does your child get away with things that you feel s/he should have been disciplined for?
- d. If you have decided to punish your child, how often do you change your mind based on your child's explanations, excuses or arguments?
- e. How often do you show anger when you discipline your child?
- f. How often do arguments with your child build up and you do or say things you don't mean to?
- g. How often is your child successful in getting around the rules that you have set?
- h. How often does the kind of punishment you give your child depend on your mood?

5. This is a list of things that parents might do when their child behaves well or does a good job at something. In general, how often do you do each of the following things when your child behaves well or does a good job?

Never
Seldom
Sometimes
About half the time
Often
Very often
Always

- a. Notice it but not do anything about it (ignore).
- b. Praise or compliment your child.
- c. Give your child a hug, kiss, pat, handshake or "high five."
- d. Buy something for him/her (such as special food, a small toy) or give him/her a prize or sticker for good behavior.
- e. Give him/her an extra privilege (such as cake, go to the movies, special activity for good behavior).
- f. Give points or stars on a chart.
- g. Not even notice.

Never
Seldom
Sometimes
About half the time
Often
Very often
Always

6. In the past week, how often did you play with your child?

-

7. In the last 2 days, how many times did you praise or compliment your child for any thing she did well?

-

Never
Seldom
Sometimes
About half the time
Often
Very often
Always

8. How often do you use books or puppets to encourage your child to learn problem solve?

9. How often do you problem-solve with your child to solve real life problems?

10. How often do you spend time reading with your child?

Strongly disagree
Disagree
Slightly disagree
Neither agree nor disagree
Slightly agree
Agree
Strongly agree

11. Please rate how much you agree or disagree with the following statements.

a. Giving children a reward for good behavior is bribery.

b. I shouldn't have to reward my children to get them to do things they are supposed to do.

c. I believe in using rewards to teach my child how to behave.

d. It is important to praise children when they do well.

e. I would like to praise my child more often than criticize him/her, but it is hard to find behaviors to praise.

f. If I give my child praise or rewards to encourage good behavior, s/he will demand rewards for everything.

g. If my child is having trouble doing something s/he is supposed to do (such as going to bed, picking up toys), it is a good idea to set up a reward or an extra privilege for doing it.

h. When your child eats healthy food, how likely are you to praise him/her for this choice.

12. Please rate how much you agree with the following statements:

a. I have made clear rules or expectations for my child.

b. I have made clear household rules or expectations for my child about not fighting, stealing, lying, etc.

c. I have made clear rules or expectations for my child about going to bed, getting up on time and doing chores.

d. I take time to engage in play or spend special time with my child.

e. I have set clear limits on the amount of time my child can be using "screen time."

Not at all likely
Slightly likely
Somewhat likely
Moderately likely
Quite likely
Very likely
Extremely likely

13. Please rate how likely you are to do the followings things.

a. When your child completes his/her chores, how likely are you to praise or reward your child?

b. When your child does NOT complete his/her chores, how likely are you to punish your child (such as taking away a privilege or imposing a consequence on him/her)?

13 (continued). Please rate how likely you are to do the following things.

Not at all likely
 Slightly likely
 Somewhat likely
 Moderately likely
 Quite likely
 Very likely
 Extremely likely

- c. When your child fights, steals, or lies, how likely are you to punish your child? ○ ○ ○ ○ ○ ○ ○ ○
- d. When your child goes to bed or gets up on time, how likely are you to praise or reward your child? ○ ○ ○ ○ ○ ○ ○ ○
- e. When your child does NOT go to bed or get up on time, how likely are you to punish your child? ○ ○ ○ ○ ○ ○ ○ ○

14. About how many hours in the last 24 hours did your child spend at home without adult supervision, if any?

- None
- 1/2-1 hour
- 1 1/2-2 hours
- 3-4 hours
- Less than 1/2 hour
- 1-1 1/2 hours
- 2-3 hours
- More than 4 hours

15. Within the LAST 2 DAYS, about how many total hours was your child involved in activities outside your home without adult supervision, if any?

- None
- 1/2-1 hour
- 1 1/2-2 hours
- 3-4 hours
- Less than 1/2 hour
- 1-1 1/2 hours
- 2-3 hours
- More than 4 hours

16. Please answer the following:

- a. What percentage of the time do you know where your child is when s/he is away from your direct supervision? ○ ○ ○ ○ ○
- b. What percentage of the time do you know exactly what your child is doing when s/he is away from you? ○ ○ ○ ○ ○
- c. What percentage of your child's friends do you know well? ○ ○ ○ ○ ○

None or almost none
 About 25%
 About 50%
 About 75%
 All or almost all

17. How much do you agree or disagree with the following statements?

- a. It is very important for me to know where my child is when s/he is away from me? ○ ○ ○ ○ ○ ○ ○ ○
- b. Parents who check up on how their child behaves at friends' houses are too anxious about their child. ○ ○ ○ ○ ○ ○ ○ ○
- c. Giving children lots of free, unsupervised time helps them learn to be more responsible. ○ ○ ○ ○ ○ ○ ○ ○
- d. Children who are not supervised by an adult are more likely to develop behavior problems. ○ ○ ○ ○ ○ ○ ○ ○

Strongly disagree
 Disagree
 Slightly disagree
 Neither agree nor disagree
 Slightly agree
 Agree
 Strongly agree