



Parents and Babies Home Coaching Program Satisfaction Questionnaire

Name _____ Date _____

The following questionnaire is part of our evaluation of the Incredible Years Parents and Babies Program that you have received. It is important that you answer as honestly as possible. All responses will be strictly confidential. Your cooperation is greatly appreciated!

Please select the response that best expressly how you feel at this point.

A. Incredible Years Teaching Format / Methods

1. Content of the information presented during my home coach visit was

Useless Slightly useless Neutral Somewhat useful Useful

2. Demonstration of parent-baby interactions through the use of video vignettes was

Useless Slightly useless Neutral Somewhat useful Useful

3. The home practice activities (e.g., imitating, singing, reading to my baby) were

Useless Slightly useless Neutral Somewhat useful Useful

4. The baby book was

Useless Slightly useless Neutral Somewhat useful Useful Did not receive a book

B. Specific Parenting Techniques/Topics

1. Information learned about baby's development milestones and completing "things I can do" handout was

Useless Slightly useless Neutral Somewhat useful Useful Topic not covered

2. Providing physical, tactile, and visual stimulation (e.g., baby massage, games, exercises) was

Useless Slightly useless Neutral Somewhat useful Useful Topic not covered

3. Information I learned about feeding my baby in a baby-led way was

Useless Slightly useless Neutral Somewhat useful Useful Topic not covered

4. Learning about promoting my baby language and brain development (e.g., speaking “parent-ese”) was

- Useless
- Slightly useless
- Neutral
- Somewhat useful
- Useful
- Topic not covered

5. Helping my baby feel loved, safe, and secure was

- Useless
- Slightly useless
- Neutral
- Somewhat useful
- Useful
- Topic not covered

6. Flexibility in routines and transition to predictable daily schedules was

- Useless
- Slightly useless
- Neutral
- Somewhat useful
- Useful
- Topic not covered

7. Knowing how to be flexible in routines and how to transition to a more predictable daily schedule after 6 months was

- Useless
- Slightly useless
- Neutral
- Somewhat useful
- Useful
- Topic not covered

C. Evaluation of Incredible Years Coach

1. I feel that the coach’s teaching of Incredible Years Baby Program was

- Poor
- Below average
- Average
- Above average
- Excellent

2. I feel that my relationship with my coach was

- Poor
- Below average
- Average
- Above average
- Excellent

D. The Overall Program

1. The bonding that I feel with my baby since I participated in this program is

- Worse
- Slightly worse
- The same
- Slightly improved
- Greatly improved

2. Would you recommend this Incredible Years Parents and Babies Program to a friend or relative with a baby?

- Yes
- No

3. Did you feel that the IY Parents and Baby program was enough time. Please indicate how many home coaching sessions you received.

- Yes
- No
- Number of sessions _____

4. How could we improve the program?