Research Theory of Behavior Change

Standardized Intervention Materials
- Content theoretically driven
- Videotape vignettes
- Clinician manuals
- Books for participants (parents, children, teachers)
- Home/school activities

Standardized Training Workshops for Clinicians
- Trainer models therapy process and group methods
- Trainer models and explains use of videotape modeling and role play
- Trainer teaches core content & theory underlying behavior change process
- Videotape demonstration of actual group sessions
- Clinician workshop evaluations

Clinician Starts Intervention

Quality Assurance Models

Ongoing Supervision & Feedback
- Regular peer & mentor support
- Videotape feedback with mentor (checklist)
- Client weekly evaluation
- On-site consultation from trainer (1-2 times/year)
- Regular telephone consultations with trainer (2 hours/month)

Fidelity Monitoring
- Session adherence protocols
- Session process checklists
- Final client evaluations
- Certification
- Clinician evaluation of supervision

Agency Organizational Support
- Recognition (salary) for certification
- Budget support for supervision & ongoing consultation
- Identify internal advocates
- Develop job descriptions for mentors
- Organizational barriers
- Recruitment support
- Provide logistical support (room, food, day care)

High Program Fidelity

Positive Outcomes
- Client satisfaction
- High attendance/low drop out
- Behavior problems
- Positive parenting & relationships

↓ Delinquency, Substance Abuse, Violence

Program Fidelity = Positive Outcomes