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| **1. Apatasaurus Unit: Making Friends and Learning School Rules** | • Understanding the importance of rules.  
• Participating in the process of rule making.  
• Understanding what will happen if rules are broken.  
• Learning how to earn rewards for good behaviors.  
• Learning to build friendships. | **Part 1:** Listening,  
Waiting, Quiet  
Hands Up  
Part 2:  
Concentrating,  
Checking, and  
Cooperating | • Learning how to listen, wait, avoid interruptions, and put up a quiet hand to ask questions in class.  
• Learning how to handle other children who poke fun and interfere with the child’s ability to work at school.  
• Learning how to stop, think, and check work first.  
• Learning the importance of cooperation with the teacher and other children.  
• Practicing concentrating and good classroom skills. |
| **2. Iguanodon Unit: Dina Teaches How to Do Your Best in School** | **Part 1:** Wally Teaches  
Clues to Detecting  
Feelings  
**Part 2:**  
Wally Teaches  
Clues to  
Understanding  
Feelings | **Part 1:** Identifying  
Problems and  
Solutions  
**Part 2:**  
Finding More  
Solutions  
**Part 3:**  
Thinking of  
Consequences | • Learning how to identify a problem.  
• Thinking of solutions to hypothetical problems.  
• Learning verbal assertive skills.  
• Learning how to inhibit impulsive reactions.  
• Understanding what apology means.  
• Thinking of alternative solutions to problem situations such as being teased and hit.  
• Learning to understand that solutions have different consequences.  
• Learning how to critically evaluate solutions – one’s own and others. |
| **3. Triceratops Unit: Understanding and Detecting Feelings** | **Part 1:** Wally Teaches  
Clues to Detecting  
Feelings  
**Part 2:**  
Wally Teaches  
Clues to  
Understanding  
Feelings | **Part 1:** Identifying  
Problems and  
Solutions  
**Part 2:**  
Finding More  
Solutions  
**Part 3:**  
Thinking of  
Consequences | • Learning how to identify a problem.  
• Thinking of solutions to hypothetical problems.  
• Learning verbal assertive skills.  
• Learning how to inhibit impulsive reactions.  
• Understanding what apology means.  
• Thinking of alternative solutions to problem situations such as being teased and hit.  
• Learning to understand that solutions have different consequences.  
• Learning how to critically evaluate solutions – one’s own and others. |
| **4. Stegosaurus Unit: Wally Teaches Problem Solving Steps** | | **Part 1:** Identifying  
Problems and  
Solutions  
**Part 2:**  
Finding More  
Solutions  
**Part 3:**  
Thinking of  
Consequences | • Learning how to identify a problem.  
• Thinking of solutions to hypothetical problems.  
• Learning verbal assertive skills.  
• Learning how to inhibit impulsive reactions.  
• Understanding what apology means.  
• Thinking of alternative solutions to problem situations such as being teased and hit.  
• Learning to understand that solutions have different consequences.  
• Learning how to critically evaluate solutions – one’s own and others. |
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<td><strong>5. Tyrannosaurus Rex Unit: Anger Management</strong></td>
<td>Part 4: Detective Wally Teaches How to Control Anger  &lt;br&gt;Part 5: Problem Solving Step 7 and Review</td>
<td>• Recognizing that anger can interfere with good problem solving.  &lt;br&gt;• Understanding Tiny Turtle's story about managing anger and getting help.  &lt;br&gt;• Understanding when apologies are helpful.  &lt;br&gt;• Recognizing anger in themselves and others.  &lt;br&gt;• Understanding anger is okay to feel “inside” but not to act out by hitting or hurting someone else.  &lt;br&gt;• Learning how to control anger reactions.  &lt;br&gt;• Understanding that things that happen to them are not necessarily hostile or deliberate attempts to hurt them.  &lt;br&gt;• Practicing alternative responses to being teased, bullied, or yelled at by an angry adult.  &lt;br&gt;• Learning skills to cope with another person’s anger.</td>
<td>Part 1: Helping  &lt;br&gt;Part 2: Sharing  &lt;br&gt;Part 3: Teamwork and School  &lt;br&gt;Part 4: Teamwork at Home</td>
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<td><strong>7. Brachiosaurus Unit: Molly Explains How to Talk With Friends</strong></td>
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<td>• Learning how to ask questions and tell something to a friend.  &lt;br&gt;• Learning how to listen carefully to what a friend is saying.  &lt;br&gt;• Understanding why it is important to speak up about something that is bothering you.  &lt;br&gt;• Understanding how and when to give an apology or compliment.  &lt;br&gt;• Learning how to enter into a group of children who are already playing.  &lt;br&gt;• Learning how to make a suggestion rather than give commands.  &lt;br&gt;• Practicing friendship skills.</td>
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