

Developing an Individual Behavior Plan

Step #1: Identify Negative Classroom Behavior (choose 1 or 2 to start)

Step #2: Ask Why is the Misbehavior Occuring? (Functional Assessment):

Formulate a hypothesis about why the child is misbehaving. The following checklist will help you to understand the child by thinking about why the child may be behaving in a particular fashion:

Understanding the Misbehavior	Yes	No
<ul style="list-style-type: none"> • Child uses the misbehavior in order to get attention. • Child is venting frustration with the misbehavior. • Child does not have the developmental ability to do other behaviors. • Child uses the misbehavior to avoid stress or some unpleasant task. • Child finds the behavior fun in and of itself. • Child is unaware of doing the behavior. • Child uses the behavior to obtain power over others. • Child uses the behavior to gain revenge. • Child has not been taught other more appropriate prosocial behaviors. • Child's home environment or past history has not taught the child predictability or the trustworthiness of adults. • Child's community endorses the behavior. • Child's behavior reflects child's feelings of inadequacy. 		

Step #3: Target Desired Behaviors

Step #4: Select Proactive Strategies—Keep Records of Progress!

