

Preparing for Incredible Years® Peer Coach Group Leader Meeting

- Coach reminds group leader of what she/he needs to do to prepare for coaching session (in advance). Group leader is asked to:
 - Review DVD of group, set personal goal and select video segment for review and feedback from coach (see handout #1)
 - Bring participant evaluations and protocols
- Coach prepares for meeting by reviewing group leader goals, bringing group checklists, coach evaluations, and buzz forms (handout #6, 7)
- Coach prepares additional training for self-learning IY manuals and DVDs as needed



*Structure of IY Peer Coach Group Leader Meeting**

- Review agenda together
- Review group leader's progress with prior goals accomplished (10 min) (role play if useful)
- Clarification of new goal for coaching session (10 min)
- View video vignette and reflect on alternative strategies (15 min)
- Set up practices with ideas discussed while reviewing video segment (10 min)
- Review of checklist related to segment discussed (e.g., setting up role plays) (5 min)
- Set new goals and summarize key learning (buzz sheets) (5 min)
- Review session protocols, attendance, evaluations (5 min)



*Normally coaching sessions with 2 group leaders are 1 hour in length. For review of Teacher Classroom Management workshops where coaching sessions are limited to one coaching session per workshop, 2 hours of review is optimal.