

A large, light gray graphic of a sun with rays is centered in the background behind the title.

IY Peer Coaching Expectations

The peer coach role is intended to provide group leaders/facilitators with support to successfully lead Incredible Years (IY) groups. Their role will include meeting with pairs of group leaders to set goals, review videos of their group sessions, practice alternative approaches and problem solve difficult situations. The amount of support that leaders will need depends on each leader's prior group experience and education as well as the individual characteristics of the parents, children, or teachers who are participating in the program.

Following are guidelines for frequency of coaching sessions. *These are recommendations only, and coaching may be offered more frequently if group leaders need it because groups are more difficult for some reason.*

IY Parent and Child Programs:

- New group leaders should have peer coaching meetings every 2 to 3 sessions. Normally a coach meeting is one hour in length.
- More experienced group leaders should have peer coaching sessions every 4-5 sessions.

Teacher Classroom Management and Incredible Beginnings Programs:

- New group leaders should have coaching sessions before each of the 6 workshop training days (total of 6-7 meetings).

- More experienced group leaders should have peer coaching a total of 3 times between the workshop sessions.

Content of Peer Coach Session

- These meeting will review prior workshop videos, plan next workshop day and set goals. A final post consultation should be scheduled to summarize workshop success and plan any follow-up needed.
- More experienced group leaders should have coaching sessions between every 2-3 training days (total of 3 meetings).

Meet with Mentors and Trainers

Peer coaches should attend a yearly peer coach consultation day with an IY trainer.

Accreditation/certification of peer coaches: Peer coaches must submit paperwork of their work coaching 3 dyads as part of their accreditation process. In order to ensure that the accreditation is based on an adequate amount of coaching experience for each dyad, for accreditation purposes, **coaches must meet with each dyad for at least 4 coaching sessions.** *In cases where distance prevents coaches from meeting face-to-face this frequently, some of these coaching sessions may be done via Skype calls. At least one session must be done in person and videotaped. Ideally there will be videos for every peer coached session. Please see the Skype call protocols for use by coaches and participants.*