Coding Sheet for Parent Discipline Interviews
Categories of Parental Discipline Techniques

I. Physical Force
1. slap, spank, hit, kick, swat, pull hair, shake
2. physically force to do a task
3. restrain
4. lead, drag, or carry to corner, Time Out, or away from situation
5. soap in mouth
6. “bad” Time Out
7. push away
8. chase child
9. throw away toy
10. encourage child to hit back

II. Critical Verbal Force
9. yell, shout, scold, scream
10. argue, fight
11. threaten with physical punishment or physical harm or to throw away or destroy toy
12. reject child
13. humiliate child
14. express disapproval or criticize child
15. force child to do an activity
16. threaten to ignore, discipline, or punish in a non-physical manner
20. negative command
24. confront
25. make apologize or tell truth
26. guilt by induction
27. lecture
78. critical nonverbal force - stomp feet, glare
82. prolonged grounding

III. Non-Critical Verbal Force
22. command
23. repeat command
28. stick to ground, be firm

IV. Limit Setting
29. warning of Time Out or withdrawal of privileges
30. Time Out, send to room, chair, or couch (actual or attempted)
31. nose to corner
32. withdraw privileges or toys
33. logical consequences
34. remove child from situation, or alter situation
35. separate children or separate child from parent
36. stop activity
37. distract, redirect
39. supervise or monitor
57. ignore (or attempt)
41. request compliance
79. Grandma’s Rule

V. Teaching/Cognitive
40. reason, discuss, talk, explain, point out what mother is doing
42. give alternatives
43. point out what child is doing
44. identify child’s feelings
45. remind or restate what child is to do
46. gather more information
80. problem solving

VI. Positive Verbal Response
48. praise
50. reassure, show understanding, comfort
53. respond verbally to feelings
56. cheer up child
71. positive feeling talk
74. conversation with child
75. descriptive commenting

VII. Positive Nonverbal Response
47. listen to child
49. reward, positive reinforcement
51. give attention
52. provide assistance
54. physical affection
55. tangible reward
56. cheer up the child
72. parent positive affect
73. play with child
<table>
<thead>
<tr>
<th>76. exchange - success</th>
<th>77. exchange - failure</th>
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<tbody>
<tr>
<td><strong>VIII. Lack of Response/No Follow-Through</strong></td>
<td><strong>IX. Parent's Activity and State of Mind</strong></td>
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<td>58. let go, let alone</td>
<td>64. loss of control</td>
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<td>59. let someone else handle it</td>
<td>65. disordered state of mind caused by child</td>
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<td>60. give in to child’s misbehavior</td>
<td>66. parent’s activity disrupted</td>
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<td>61. bribe child</td>
<td>68. parent does not remember</td>
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<td>62. parent does task instead of child</td>
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<td>69. parent apologizes</td>
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