NEGATIVE BEHAVIORS

Here is a list of problems for which parents frequently seek help on managing their children. Most children have shown some of these behaviors at some time. Please circle the number in front of any of the following negative behaviors that you feel are major problems with your child currently. (NOTE: To be filled out by mothers only.)

1. Abusing animals
2. Arguing, talking back to parent(s) or other adults
3. Bedwetting, wetting pants, soiling
4. Being competitive
5. Complaining, being irritable or negative
6. Crying or whining
7. Refusing to eat, or overeating
8. Being fearful or sad
9. Hitting, kicking, biting others
10. Being hyperactive or noisy, running around
11. Interrupting adults, demanding attention
12. Leaving tasks half-done or poorly done
13. Lying, not telling the whole truth, breaking promises
14. Being non-compliant, defiant
15. Quarreling, teasing siblings or others
16. Resisting being disciplined
17. Mutilating self (pulling hair, etc.)
18. Yelling, having temper tantrums
19. Not being home when should be
20. Setting fires
21. Being destructive (damaging property)
22. Stealing
23. Running away
24. Other:_________________
25. Other:_________________
*Oregon Social Learning Center (Patterson, Chamberlain & Reid, 1982)
POSITIVE BEHAVIORS

Now go through this list of positive behaviors and circle the numbers in front of those that your child is not doing often enough. In other words, circle the numbers of those behaviors that you would like to see your child doing more often.

1. Accepting disappointment well
2. Accepting punishment
3. Offering gifts to others
4. Complying with all requests (minding)
5. Saying something to make another person feel good
6. Doing homework without prodding
7. Having pleasant talks or sharing feelings with others
8. Getting chores done on time
9. Telling parent where she/he will be
10. Playing nicely with brother(s), sister(s) or other children
11. Being prompt, getting home on time
12. Showing happiness, smiling a lot, laughing
13. Showing affection, hugging, kissing
14. Showing enthusiasm about school
15. Being thoughtful or considerate of another person’s feelings
16. Volunteering to help or work
17. Waiting for his/her turn to speak, listening attentively
18. Telling the truth when confronted
19. Willingly sharing something
20. Staying dry at night
21. Keeping pants clean
22. Speaking nicely
23. Having a positive attitude
24. Eating meals without picking or throwing food
25. Being happy
26. Being quiet
27. Going to bed without trouble
28. Putting toys away

29. Other:_____________________

30. Other:_____________________