Part 7
Appendix

1. Weekly Parent Evaluation Form
2. Parent Program Satisfaction Questionnaire
3. Self-Monitoring Checklist
Incredible Years
Parent Program Weekly Evaluations

Name _____________________________ Session __________________ Date __________________

I found the content of this session:

not helpful  neutral  helpful  very helpful

I feel the video examples were:

not helpful  neutral  helpful  very helpful

I feel the group leader’s teaching was:

not helpful  neutral  helpful  very helpful

I found the group discussion to be:

not helpful  neutral  helpful  very helpful

Additional comments:

(continue on back)
Incredible Years
Parent Program Satisfaction Questionnaire
School Readiness Program

(Hand out at end of the program)

Participant’s Name ___________________________ Date ___________________________

The following questionnaire is part of our evaluation of the Incredible Years parenting program that you have received. It is important that you answer as honestly as possible. The information obtained will help us to evaluate and continually improve the program we offer. Your cooperation is greatly appreciated. All responses will be strictly confidential.

A. The Overall Program

Please circle the response that best expresses how you honestly feel at this point.

1. My feelings about my child’s social and emotional developmental progress are that I am
   very dissatisfied slightly dissatisfied neutral slightly satisfied satisfied greatly satisfied

2. My feelings about my child’s school readiness developmental progress are that I am
   very dissatisfied slightly dissatisfied neutral slightly satisfied satisfied greatly satisfied

3. My feelings about my child’s reading readiness program are that I am
   very dissatisfied slightly dissatisfied neutral slightly satisfied satisfied greatly satisfied

4. My expectation for good results from the Incredible Years program is
   very pessimistic slightly pessimistic neutral slightly optimistic optimistic very optimistic

5. I feel that the approach used to enhance my child’s social behavior in this program is
   very inappropriate slightly inappropriate neutral slightly appropriate appropriate greatly appropriate

6. Would you recommend the program to a friend or relative?
   strongly not recommend not recommend slightly not recommend neutral slightly recommend recommend strongly recommend

7. How confident are you in parenting at this time?
   very unconfident slightly unconfident neutral slightly confident confident very confident

8. My overall feeling about the value of the program for building links with my child’s school is
   very negative slightly negative neutral slightly positive positive very positive
**Appendix Part 7**

**B. Teaching Format**

*Usefulness*  

In this section, we would like you to indicate how useful each of the following types of teaching is for you now. Please circle the response that most clearly describes your opinion.

1. Content of information presented was

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<thead>
<tr>
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<th>extremely useless</th>
<th>useless</th>
<th>slightly useless</th>
<th>neutral</th>
<th>somewhat useful</th>
<th>useful</th>
<th>extremely useful</th>
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2. Demonstration of parenting skills through the use of video vignettes was

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<th>neutral</th>
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3. Group discussion of parenting skills was

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4. Use of practice/role play during group sessions was

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5. I found the “buddy calls“ to be

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6. Reading chapters from the Incredible Years book or listening to the CD was

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<th>extremely useless</th>
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7. Practicing skills at home with my child was

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8. Weekly handouts (e.g., refrigerator notes) were

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9. Building links with my child’s school was

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C. Specific Parenting Techniques

Usefulness

In this section, we would like you to indicate how useful each of the following techniques is in improving your interactions with your child and decreasing his or her “inappropriate” behaviors now. Please circle the response that most accurately describes the usefulness of the technique.

1. Child-Directed Play
   - extremely useless
   - slightly useless
   - neutral
   - somewhat useful
   - useful
   - extremely useful

2. Descriptive Commenting/Social, Emotion, Academic, and Persistence Coaching
   - extremely useless
   - slightly useless
   - neutral
   - somewhat useful
   - useful
   - extremely useful

3. Praise and Encouragement
   - extremely useless
   - slightly useless
   - neutral
   - somewhat useful
   - useful
   - extremely useful

4. Interactive Reading with CARE Methods
   - extremely useless
   - slightly useless
   - neutral
   - somewhat useful
   - useful
   - extremely useful

5. Using the Wally Detective Books to Teach Problem Solving
   - extremely useless
   - slightly useless
   - neutral
   - somewhat useful
   - useful
   - extremely useful

6. This Overall Group of Techniques
   - extremely useless
   - slightly useless
   - neutral
   - somewhat useful
   - useful
   - extremely useful
D. Evaluation of Parent Group Leader(s) or Teacher

In this section we would like you to express your opinions about your group leader(s). Please circle the response to each question that best describes how you feel.

Group Leader #1 __________________________ (name)

1. I feel that the group leader’s teaching was
   very poor  poor  below average  average  above average  superior  excellent

2. The group leader’s preparation was
   very poor  poor  below average  average  above average  superior  excellent

3. Concerning the group leader’s interest and concern in me and my problems with my child, I was
   very dissatisfied  slightly dissatisfied  neutral  slightly satisfied  satisfied  greatly satisfied

4. At this point, I feel that the group leader in the program was
   extremely unhelpful  slightly unhelpful  neutral  slightly helpful  helpful  extremely helpful

If more than one group leader was involved in your program, please fill in the following. (Go to Section E if only one leader was involved.)

Group Leader #2 __________________________ (name)

1. I feel that the group leader’s teaching was
   very poor  poor  below average  average  above average  superior  excellent

2. The group leader’s preparation was
   very poor  poor  below average  average  above average  superior  excellent

3. Concerning the group leader’s interest and concern in me and my problems with my child, I was
   very dissatisfied  slightly dissatisfied  neutral  slightly satisfied  satisfied  greatly satisfied

4. At this point, I feel that the group leader in the program was
   extremely unhelpful  slightly unhelpful  neutral  slightly helpful  helpful  extremely helpful
E. Overall Program Evaluation

1. What part of the program was most helpful to you?

2. What did you like most about the program?

3. What did you like least about the program?

4. How could the program have been improved to help you more?
Incredible Years
Self-Monitoring Checklist
Children 3-5 Years

Please fill out this checklist each week indicating your personal goals for what you would like to achieve. The following week check if you have achieved your personal goals and make your new goals for the week.

**Session 1: Introductions, Goals, Social Coaching**
*My goal for the coming week:*

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| _____ Read Chapter 1 (How to Play With Your Child). |
| _____ Review my goals for myself and my child.   |
| _____ Play using child-directed approach             |

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**Session 2: Child-Directed Play, Emotion Coaching**
*My goal for the coming week:*

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| _____ Read Chapter 1 (How to Play With Your Child). |
| _____ Do temperament questionnaire             |
| _____ Play this week with my child will include: |

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### Session 3: Interactive Reading

**My goal for the coming week:**

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- ___ Read Problem 15: Reading With Care
- ___ Make buddy call
- ___ Play this week with my child will include:

### Session 4: Interactive Reading

**My goal for the coming week:**

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- ___ Read Chapter 9 (Regulating Emotions)
- ___ Make buddy call
- ___ Play this week with my child will include: