



## Parent Program Satisfaction Questionnaire Autism Spectrum & Language Delays Program

(Hand out at end of the program)

Participant's Name \_\_\_\_\_ Date \_\_\_\_\_

The following questionnaire is part of our evaluation of the Autism Spectrum & Language Delays Parenting Program that you have participated in. It is important that you answer as honestly as possible. The information obtained will help us to evaluate and continually improve the program we offer. Your cooperation is greatly appreciated. All responses will be strictly confidential.

### A. The Overall Program

Please circle the response that best expresses how you honestly feel at this point as a result of participating in this program.

1. My child's social and emotional skills are

considerably worse      slightly the same      slightly improved      greatly improved  
worse      worse      improved

2. My child's pre-academic skills for language, reading readiness, and persistence at a task are

considerably worse      slightly the same      slightly improved      improved      greatly improved  
worse      worse      improved

3. My child's self-regulation and imaginary play skills are

considerably worse      slightly the same      slightly improved      improved      greatly improved  
worse      worse      improved

4. My overall feelings about my personal progress at using the autism spectrum/language delays parenting skills are that I am

very pessimistic      pessimistic      slightly pessimistic      neutral      slightly optimistic      optimistic      very optimistic

5. I feel that the approach used to strengthen my child's social and emotional behaviors in this program is

very inappropriate      inappropriate      slightly inappropriate      neutral      slightly appropriate      appropriate      greatly appropriate  
inappropriate

6. Would you recommend the program to a friend or relative?

strongly not recommend	not recommend	slightly not recommend	neutral	slightly recommend	recommend	strongly recommend
---------------------------	---------------	---------------------------	---------	-----------------------	-----------	-----------------------

7. My overall feeling about achieving my goals for my child and family in this program is

very negative	negative	slightly negative	neutral	slightly positive	positive	very positive
------------------	----------	----------------------	---------	----------------------	----------	------------------

## **B. Teaching Format**

### **Usefulness**

In this section, we would like you to indicate how useful each of the following types of teaching is for you now. Please circle the response that most clearly describes your opinion.

1. Content of information presented was

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
----------------------	---------	---------------------	---------	--------------------	--------	---------------------

2. Demonstration of parenting skills through the use of video vignettes was

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
----------------------	---------	---------------------	---------	--------------------	--------	---------------------

3. Group discussion of parenting skills was

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
----------------------	---------	---------------------	---------	--------------------	--------	---------------------

4. Practice of coaching and pretend play skills at home with your child was

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
----------------------	---------	---------------------	---------	--------------------	--------	---------------------

5. Reading chapters from the *Incredible Years* or *Incredible Toddlers* book was

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
----------------------	---------	---------------------	---------	--------------------	--------	---------------------

6. Weekly handouts (e.g., spotlighting tips & others) were

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
----------------------	---------	---------------------	---------	--------------------	--------	---------------------

7. Use of practice or role plays during group sessions were

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
----------------------	---------	---------------------	---------	--------------------	--------	---------------------

## C. Specific Parenting Techniques

### Usefulness

In this section, we would like to get your ideas of how useful each of the following techniques is in improving your interactions with your child. Please circle the response that most accurately describes the usefulness of the technique.

#### 1. Narrated child-directed play

extremely  
useless      useless      slightly  
useless      neutral      somewhat  
useful      useful      extremely  
useful

#### 2. Academic and persistence coaching

extremely  
useless      useless      slightly  
useless      neutral      somewhat  
useful      useful      extremely  
useful

#### 3. Social coaching

extremely  
useless      useless      slightly  
useless      neutral      somewhat  
useful      useful      extremely  
useful

#### 4. Emotion coaching

extremely  
useless      useless      slightly  
useless      neutral      somewhat  
useful      useful      extremely  
useful

#### 5. Using pretend play and puppets

extremely  
useless      useless      slightly  
useless      neutral      somewhat  
useful      useful      extremely  
useful

#### 6. Using emotional self-regulation skills

extremely  
useless      useless      slightly  
useless      neutral      somewhat  
useful      useful      extremely  
useful

#### 7. Using praise and rewards

extremely  
useless      useless      slightly  
useless      neutral      somewhat  
useful      useful      extremely  
useful

#### 8. Limit setting and managing misbehavior

extremely  
useless      useless      slightly  
useless      neutral      somewhat  
useful      useful      extremely  
useful

### D. Evaluation of Parent Group Leaders

In this section we would like you to express your opinions about your parent group leader(s). Please circle the response to each question that best describes how you feel.

Group Leader #1 \_\_\_\_\_

(name)

1. I feel that the leader's teaching was

very poor	poor	slightly below average	average	slightly above average	high	superior
--------------	------	------------------------------	---------	------------------------------	------	----------

2. The leader's preparation was

very poor	poor	slightly below average	average	slightly above average	high	superior
--------------	------	------------------------------	---------	------------------------------	------	----------

3. Concerning the leader's interest and concern in me and my child, I was

extremely dissatisfied	dissatisfied	slightly dissatisfied	neutral	slightly satisfied	satisfied	extremely satisfied
---------------------------	--------------	--------------------------	---------	-----------------------	-----------	------------------------

4. At this point, I feel that the leader in the program was

extremely unhelpful	unhelpful	slightly unhelpful	neutral	slightly helpful	helpful	extremely helpful
------------------------	-----------	-----------------------	---------	---------------------	---------	----------------------

If more than one group leader was involved in your program, please fill in the following. (Go to Section E if only one leader was involved.)

Group Leader #2 \_\_\_\_\_

(name)

1. I feel that the leader's teaching was

very poor	poor	slightly below average	average	slightly above average	high	superior
--------------	------	------------------------------	---------	------------------------------	------	----------

2. The leader's preparation was

very poor	poor	slightly below average	average	slightly above average	high	superior
--------------	------	------------------------------	---------	------------------------------	------	----------

3. Concerning the leader's interest and concern in me and my child, I was

extremely dissatisfied	dissatisfied	slightly dissatisfied	neutral	slightly satisfied	satisfied	extremely satisfied
---------------------------	--------------	--------------------------	---------	-----------------------	-----------	------------------------

4. At this point, I feel that the leader in the program was

extremely unhelpful	unhelpful	slightly unhelpful	neutral	slightly helpful	helpful	extremely helpful
------------------------	-----------	-----------------------	---------	---------------------	---------	----------------------

### **E. Parent Group**

In this section, we'd like to get your ideas about your group. Please circle the response that describes how you feel.

1. I feel the group was

very unsupportive	unsupportive	somewhat unsupportive	neutral	somewhat supportive	supportive	very supportive
----------------------	--------------	--------------------------	---------	------------------------	------------	--------------------

2. Concerning other group members' interest in me and my child, I felt they were

very uninterested	uninterested	somewhat uninterested	neutral	somewhat interested	interested	very interested
----------------------	--------------	--------------------------	---------	------------------------	------------	--------------------

3. I would like to keep meeting as a group

YES      NO

4. How likely is it that you will continue meeting with one or more of the parents in your group?

highly unlikely	unlikely	somewhat unlikely	neutral	somewhat likely	likely	very likely
--------------------	----------	----------------------	---------	--------------------	--------	----------------

### **F. Your Opinion**

1. How could the program have been improved to help you more?

2. At this time do you feel the need for additional parenting assistance? Please elaborate.

3. What did you see as the main benefit of the Autism Spectrum and Language Delays program?

Thank you for your patience in filling out all of these questionnaires. Your input is very much appreciated, and really helps us to plan future programs.