The Incredible Years Parent, Child, and Teacher Programs

Program developed by Carolyn Webster-Stratton, Ph. D., Professor and Director of the Parenting Clinic at the University of Washington.

Logic Model created by the Evidence-based Prevention and Intervention Support Center (EPISCenter) at Penn State University and Carolyn Webster-Stratton, Professor, University of Washington

Program Components

- **IY Child Program**
  aka Dinosaur School
  (Classroom and Small Group Treatment)

- **IY Parent Program**
  (BASIC and ADVANCE)

- **IY Teacher Program**
  (Classroom Management)

Targets

- Decrease Risk Factors
- Increase Protective Factors

Proximal (Short-term) Outcomes

- Increased School Readiness
- Emotion Regulation
- Social Competence
- Improved Parenting Interactions and Relationships
- Improved Teaching and Relationships with Students and Parents

Distal (Long-term) Outcomes

- Reduced Youth School Drop Out
- Increased Academic Achievement
- Reduced Youth Conduct Disorders & Criminal Activity
- Reduced Youth Drug and Alcohol Problems
- Increased Academic Achievement