



**INCREDIBLE YEARS PARENT GROUP  
PEER AND SELF-EVALUATION FORM**

Leader's Name \_\_\_\_\_

Please comment on the parent group leader's sessions based on the following criteria:

<b><i>I. LEADER GROUP PROCESS SKILLS</i></b>	<b><i>COMMENTS</i></b>
<b>Builds rapport with each member of group</b>	
<b>Encourages everyone to participate</b>	
<b>Models open-ended questions to facilitate discussion</b>	
<b>Reinforces parents' ideas and fosters parents' self-learning</b>	
<b>Encourages parents to problem-solve when possible</b>	
<b>Fosters idea that parent will learn from each others' experiences</b>	
<b>Helps parents learn how to support and reinforce each other</b>	
<b>Views every member of group as equally important and valued</b>	
<b>Identifies each family's strengths</b>	
<b>Creates a feeling of safety among group members</b>	
<b>Creates an atmosphere where parents feel they are decision-makers and discussion and debate are paramount</b>	

<i><b>II. LEADER LEADERSHIP SKILLS</b></i>	<i><b>COMMENTS</b></i>
<b>Establishes ground rules for group</b>	
<b>Started and ended meeting on time</b>	
<b>Explained agenda for session</b>	
<b>Emphasizes the importance of homework</b>	
<b>Reviews homework from previous session</b>	
<b>Summarizes and restates important points</b>	
<b>Focuses group on key points presented</b>	
<b>Imposes sufficient structure to facilitate group process</b>	
<b>Prevents sidetracking by participants</b>	
<b>Knows when to be flexible and allow a digression for an important issue and knows how to tie it into session's content</b>	
<b>Anticipates potential difficulties</b>	
<b>Predicts behaviors and feelings</b>	
<b>Encourages generalization of concepts to different settings and situations</b>	
<b>Encourages parents to work for long-term goals as opposed to "quick fix"</b>	
<b>Helps group focus on positive</b>	
<b>Balances group discussion on affective and cognitive domain</b>	
<b>Predicts relapses</b>	
<b>Reviews handouts and homework for next week</b>	
<b>Evaluates session</b>	

<b><i>III. LEADER RELATIONSHIP BUILDING SKILLS</i></b>	<b><i>COMMENTS</i></b>
<b>Uses humor and fosters optimism</b>	
<b>Normalizes problems when appropriate</b>	
<b>Validates and supports parents' feelings (reflective statements)</b>	
<b>Shares personal experiences when appropriate</b>	
<b>Fosters a partnership or collaborative model (as opposed to an "expert" model)</b>	
<b>Fosters a coping model as opposed to a mastery model of learning</b>	
<b>Reframes experiences from the child's viewpoint and modifies parents' negative attributions</b>	
<b>Strategically confronts, challenges and teaches parents when necessary</b>	
<b>Identifies and discusses resistance</b>	
<b>Maintains leadership of group</b>	
<b>Advocates for parents</b>	

<b><i>IV. LEADER KNOWLEDGE</i></b>	<b><i>COMMENTS</i></b>
<b>Demonstrates knowledge of content covered at session</b>	
<b>Explains rationale for principles covered in clear, convincing manner</b>	
<b>Prepares materials in advance of session and is "prepared" for group</b>	
<b>Integrates parents' ideas and problems with important content and child development principles</b>	
<b>Uses appropriate analogies and metaphors to explain theories or concepts</b>	

<i>V. LEADER METHODS</i>	<i>COMMENTS</i>
<b>Uses videotape examples efficiently and strategically to trigger group discussion</b>	
<b>Uses role play and rehearsal to reinforce learning</b>	
<b>Review homework and gives feedback</b>	
<b>Uses modeling by self or other group members when appropriate</b>	

<i>VI. PARENTS' RESPONSES</i>	<i>COMMENTS</i>
<b>Parents appear comfortable and involved in session</b>	
<b>Parents complete homework, ask questions and are active participants</b>	
<b>Parents complete positive evaluations of sessions</b>	

**Summary Comments:** \_\_\_\_\_

Candidate has satisfied video requirements for certification.     Yes     No

Name of Evaluator \_\_\_\_\_

Date: \_\_\_\_\_