



# Incredible Years® - Profiles of (IY) Group Leaders, Mentors & Trainers

<b>IY Group Leader</b>	<b>IY Certified* Group Leader</b>	<b>IY Certified* Coach</b>	<b>IY Certified* Mentor</b>	<b>IY Certified* Trainer</b>
<p>A person who facilitates groups using the IY standard materials, methods, processes and protocols. Aims to become a certified/accredited Group Leader.</p> <p><b>IY Training Experience</b></p> <ul style="list-style-type: none"> <li>• Has attended an authorized three (3) day IY training workshop.</li> <li>• Has studied therapist manuals, books and videotapes.</li> <li>• Has on-going peer review, consultation and supervision.</li> </ul> <p><b>Background</b> Typically, a degree and experience in either teaching, nursing, social work, psychology or psychiatry. Has attended courses in child development.</p>	<p>A Group Leader who has been <b>certified/accredited</b> after demonstrating competency in facilitating groups using the IY standard materials, methods, processes and protocols.</p> <p><b>IY Training Experience</b></p> <ul style="list-style-type: none"> <li>• Has led two or more complete IY groups using the recommended session protocols.</li> <li>• Has participated in consultation workshops (at least one) with trainers, supervision with mentors and peer review.</li> <li>• Has successfully completed the requirements for certification.</li> </ul> <p><i>Certification is based on positive participant evaluations, positive trainer or mentor evaluations of videotape review, positive peer review and satisfactory completion of session protocols.</i></p> <p><b>Background</b> A degree and experience in either teaching, nursing, social work, psychology or psychiatry. Has attended courses in child development.</p>	<p>A Coach who has been certified/accredited after demonstrating competency as a peer coach using the IY coaching methods and processes.</p> <p><b>IY Training Experience</b></p> <ul style="list-style-type: none"> <li>• Is a certified Group Leader.</li> <li>• Has led 6 complete IY groups using the recommended session protocols.</li> <li>• Has participated in peer coaching workshops (at least 2 days) with trainers and has supervision from mentors or trainers.</li> </ul> <p><i>Certification is based on positive evaluations of coaching received from group leaders and trainer or mentor evaluations of DVD reviews of coaching provided.</i></p> <p><b>Background</b> A masters degree in counseling, psychology, social work or psychiatry. Extra courses and experiences would be considered as an alternate to a masters degree.</p>	<p><i>Nominated by a current mentor or trainer:</i> A certified IY Mentor provides authorized IY training workshops in his or her agency as well as ongoing mentoring &amp; supervision to group leaders who s/he has trained.</p> <p><b>IY Training Experience</b></p> <ul style="list-style-type: none"> <li>• Is a certified Group Leader and Coach.</li> <li>• Has led numerous (approx 8+) IY groups with fidelity &amp; continues to deliver groups and participate in peer review.</li> <li>• Has obtained ongoing consultation from IY trainers for groups and supervision from mentors, including additional video reviews.</li> <li>• Has been trained to deliver authorized workshops using standard protocols.</li> <li>• Has observed mentors &amp; trainers giving supervision and conducting workshops.</li> <li>• Has mentored new group leaders by co-leading groups with them and providing video feedback.</li> </ul> <p><i>Certification based on positive trainer, mentor and group leader evaluations of workshop, positive evaluations by group leaders of mentoring received, and excellent group leadership skills.</i> (Follow complete process on Incredible Years website.)</p> <p><b>Background</b> Generally, the same as the IY Group Leader &amp; Coach categories. Graduate degree in teaching, nursing, social work, psychology or psychiatry.</p>	<p><i>By executive appointment:</i> A certified IY Trainer provides international training and consultation services. Possesses outstanding leadership skills based on consistent high workshop supervision and evaluations. Has a long-standing commitment towards evidence-based programs with fidelity and leadership skills.</p> <p><b>IY Training Experience</b></p> <ul style="list-style-type: none"> <li>• Is a certified IY Mentor.</li> <li>• Possesses extensive experience with delivering the IY program and mentoring other therapists.</li> <li>• Has broad supervision experience</li> <li>• Has extensive knowledge of the IY research, and other research regarding evidence-based mental health programs for children.</li> </ul> <p><b>Background</b> A Masters, Ph.D. or MD degree - with extensive clinical &amp; research experience.</p>

\*The terms "certified" and "accredited" are used interchangeably