

Morrison Child & Family Services **Incredible Years Ongoing Learning & Consultation Model**

Morrison Child and Family Services' Early Childhood Outpatient program is pleased to announce its Incredible Years Ongoing Learning and Consultation Model. Research has shown that ongoing consultation for staff in the model used produces the best outcomes for clients. Consider the following quote from an article published on effective EBP implementation by the National Implementation Research Network:

“Coaching and mentoring include activities for either individuals or groups, on-the-job observation, instruction, modeling, feedback, or debriefing of practitioners and other key staff in the program. Implementation research has shown that these activities are particularly critical because, whereas the skills that successful practitioners need can be introduced in training, many of these skills really can only be learned on the job with the help of a consultant or coach. Training practitioners without providing follow-up coaching on the job is sometimes referred to as the “train and hope” approach, and research has shown this approach to be ineffective in achieving practice change.”

At Morrison, ongoing coaching and mentoring in The Incredible Years is provided in the following ways:

- ◆ Ongoing IY Peer Review Groups: Clinicians meet every few weeks with Morrison's Incredible Years Mentor, Cate Drinan, to share challenges and successes in running the Incredible Year Parenting Series. Peer support and problem-solving issues collaboratively are emphasized.

- ◆ Incredible Years Consultation Days: Clinicians and Mentor meet periodically for a daylong consultation to present tapes of their parenting classes to colleagues, and bring issues or questions to discuss. Group Leaders have the opportunity to extend their learning about the model to further support their clients' progress.

- ◆ Individual Consultation: Morrison's IY Mentor is available for individual meetings with group leaders, questions by phone and email, and always invites new leaders to observe her IY Parent Groups.

Our Ongoing Learning and Consultation Model will provide multiple opportunities for mastery of the Incredible Years model and an expanded understanding of the research base. Newer group leaders will have support in trying out a new curriculum; advanced group leaders will have the chance to deepen their skills. Consultation and Review Groups will also support clinicians in their path to Group Leader Certification. Additionally, we will all keep up with new information coming from the developer, especially as we transition as an agency to the new, updated Incredible Years Programs.

For further information about our IY Learning and Consultation Model, please contact Cate Drinan, MA, IY Mentor Teacher at 503 258 4540, or Kathryn Falkenstern, Early Childhood Outpatient Supervisor, at 503 258 4541.