

The Incredible Years Preschool and School Age BASIC Parent Training

FY 2015-2016 Summary Snapshot



North Carolina Statewide Summary

Overview

For the period of July 2015 through June 2016, 79 IY series were completed with a total enrollment of 893 parents/caregivers, representing 730 families, and providing 667 sets of matched pre/post-test evaluation instruments for this report.

Note: participant data sets met analysis criteria for one or more scales, but did not necessarily meet analysis criteria for every scale.

Findings

Analyses of individual subscales show an overall positive impact of the IY BASIC Parent Program on parenting skills and child behavior. Results listed below that are statistically significant are followed by (SS), meaning analysis resulted in a p-value of 0.0500 or less indicating mathematical confidence that the result is reliable and unlikely to have been produced by chance.

Parenting Skills

Parent Practices Interview (PPI)

Negative Parenting Behaviors

- Harsh Discipline: Decrease (SS)
- Inconsistent Discipline: Decrease (SS)

Positive Parenting Behaviors

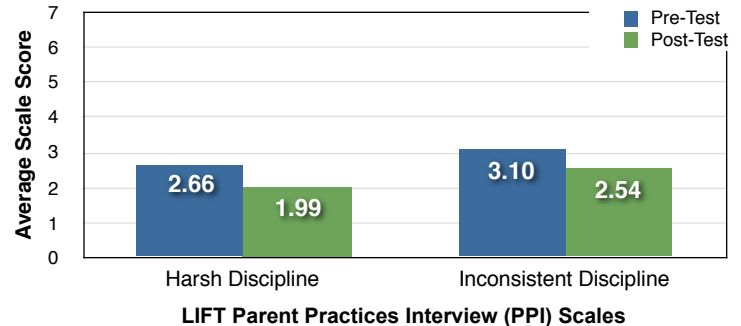
- Appropriate Discipline: Increase (SS)
- Positive Parenting: Increase (SS)
- Clear Expectations: Increase (SS)

Child Behavior

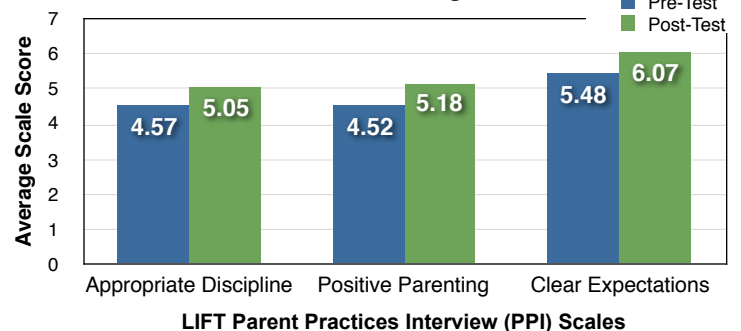
Eyberg Child Behavior Inventory (ECBI)

- Intensity: Decrease (SS)
(frequency of child's problem behaviors)
- Problem: Decrease (SS)
(degree to which the behaviors are problematic)

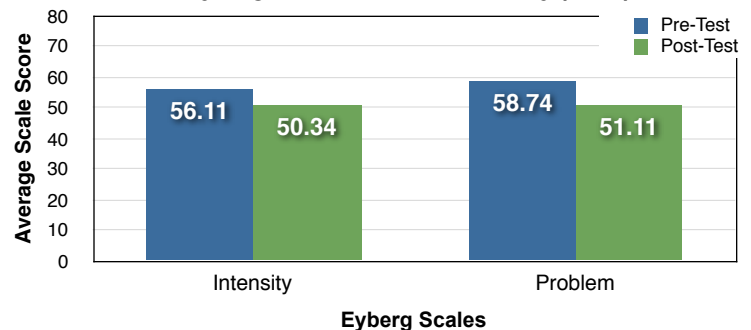
PPI Negative Parenting Behaviors



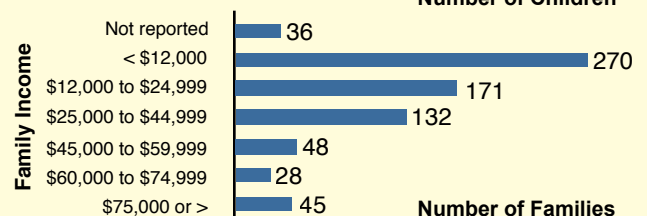
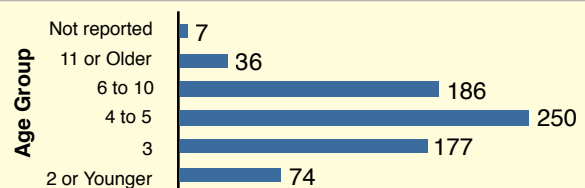
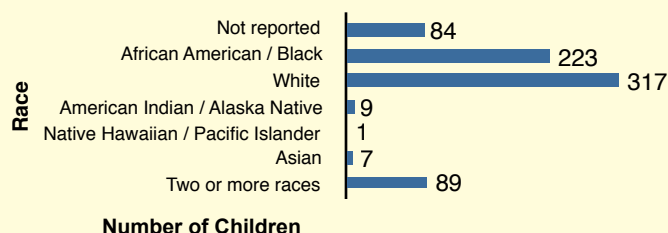
PPI Positive Parenting Behaviors



Eyberg Child Behavior Inventory (ECBI)



Target Child Demographics (All families)



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North Carolina Statewide Demographic Summary

Parent / Caregiver Demographics

Status		Gender		Relationship to Child		Ethnicity		Race	
Not reported	13	Not reported	11	Mother	594	Not reported	126	Not reported	107
Married / Partnered	502	Male	196	Father	156	Hispanic / Latino	176	African American / Black	263
Single	291	Female	686	Other Relative	96	Not Hispanic / Latino	591	White	467
Separated	46			Other	47			American Indian / Alaska Native	10
Divorced	32							Native Hawaiian / Pacific Islander	0
Widowed	9							Asian	13
								Two or more races	33

Family Demographics

Annual Family income		Primary Language		Ages of All Children in the Household					
Not reported	36	Not reported	16	Under 1 year	102	7 years	92	14 years	24
< \$12,000	270	English	585	1 year	110	8 years	97	15 years	21
\$12,000-\$24,999	171	Spanish	119	2 years	155	9 years	72	16 years	19
\$25,000-\$44,999	132	Other	10	3 years	227	10 years	62	17 years	24
\$45,000-\$59,999	48			4 years	204	11 years	47	18 years	6
\$60,000-\$74,999	28			5 years	156	12 years	35	19 years	7
\$75,000 and >	45			6 years	131	13 years	39	20+ years	4

Target Child Demographics

Gender		Ethnicity		Race		Age			
Male	389	Not reported	120	Not reported	84	Not reported	7	7 years	36
Female	341	Hispanic / Latino	170	African American / Black	223	Under 1 year	1	8 years	40
		Not Hispanic / Latino	440	White	317	1 year	12	9 years	24
				American Indian / Alaska Native	9	2 years	61	10 years	19
				Native Hawaiian / Pacific Islander	1	3 years	177	11 years	19
				Asian	7	4 years	160	12 years	11
				2 or more	89	5 years	90	13 years	2
						6 years	67	14+ years	4