

## **Pathfinder Measures**

Dear.....

This letter gives details for the Pathfinders Measures Pack, i.e. costings, what the packs include, ethical consent information, and what we at Bangor University will do and what you and your group leaders within your Authority need to do.

There are two sets of measures, one to be administered before the group (baseline) is run and one to be administered within 3 months after the group has run (follow-up). Teacher measures are also included.

In addition to the list of measures we will also send you information on how to deliver and score the measures (we will supply 6 copies per authority). We are in the process of applying for ethical consent through the University of Wales Bangor. We are enclosing a consent form for parental agreement to the passing of the measures to Bangor and also for the videotaping of group sessions that you will need to print on your own paper\*. You will need two copies of each from for each participant to be completed at recruitment, one to be retained and one kept by the parent. It is important to explain to parents that these are regular evaluation measures used within your services to ensure good service provision and that they are consenting only to two things, agreement for you to approach the school and also agreement for the data to be sent to Bangor to be included in an anonymous overall report.

### **List of measures:**

#### **Baseline pack**

**Items one and twelve will be produced by yourselves as above, the rest will be provided in the packs supplied from Bangor– to be administered in the following order:**

1. \*Parent consent to measures and school contact, 1 page, single-sided (2 copies one for parent to retain, to be printed on your Local Authority headed paper)
2. Participant contact details sheet, 1 page, single-sided
3. Demographics Questionnaire 4 pages, double-sided
4. Beck Depression Inventory 1 page, double-sided
5. Eyberg Child Behaviour Inventory 1 page, double-sided
6. Parental Strengths and Difficulties Questionnaire, 1 page, double-sided
7. Arnold and O’Leary Parenting Scale, 2 pages, double-sided
8. O’Leary & Porter Overt Hostility Scale, 1 page, single-sided
9. Teacher Strengths and Difficulties Questionnaire 1 page, double-sided
10. Teacher questionnaire for school performance, absenteeism etc 1 page, single-sided.
11. Score sheet for measures, including dates administered etc. 1 page, single-sided
12. \*Video recording consent form, 1 page, single-sided (to be printed on your Local Authority headed paper)

#### **Follow-up pack**

1. Follow-up Demographics Questionnaire 1 page, single-sided
2. Beck Depression Inventory 1 page, double-sided
3. Eyberg Child Behaviour Inventory 1 page, double-sided
4. Parental Strengths and Difficulties Questionnaire, 1 page, double-sided
5. Arnold and O'Leary Parenting Scale, 2 pages, double-sided
6. O'Leary & Porter Overt Hostility Scale, 1 page, single-sided
7. Teacher Strengths and Difficulties Questionnaire 1 page, double-sided
8. Teacher questionnaire for school performance, absenteeism etc 1 page, single-sided.
9. Score sheet for measures, including dates administered etc. 1 page, single-sided

### **Costings**

Costing is based on the assumption that each Authority will have approximately 10 groups of 12 = 120 participants with pre- and post-course measures = 240 packs (for six Authorities = 1440 information packs)

Leaders will also be required to complete all programme measures and to collect parent weekly and end of course satisfaction measures. Mentors will help to set up record systems.

We will provide individual packs of sets of measures in envelope folders. We are purchasing the folders, the Beck Depression Inventory and the ECBI, and photocopying the remainder of the items. We will provide these sets at £5 per set to include a small sum towards our labour costs.

We will also cover postage costs if all 240 sets are purchased together in each authority at a cost of 10 groups x 12 participants x 2 times (pre and post course) = £5 x 240 per Authority = £1,200

### **Additional record keeping**

We hope to analyse all measures at Bangor. They will need to be forwarded to Bangor along with all records from groups. You will need to sort these out at your end. They include:

Leader Session checklists = 18 per group

Parent weekly evaluations 12x17

Peer- and self-evaluations 4 x 8

Attendance registers (parent weekly participation record) and telephone contact records per participant (24 sheets) (samples of these are attached)

Parent final evaluations 12 x 7 pages

Please ensure that you consult your mentors regarding the ongoing record keeping requirements.

### **Leader Session Packs**

We are also willing to provide a leader pack with 18 files (one per session) containing all the video scripts for each session, one set of handouts for each session and copies of all of the above required leader and parent measures per session. Cost would be £50 and they could be kept as a template for each Authority that would like them and copies made for each group leader and each group session.

**Drawing the data together**

We do not have an external source of funding for entering all data onto a common database. Data would include baseline and follow-up measures (assuming they have been scored) plus data on parent evaluations, leader checklists, attendance and participation records. We anticipate having to charge approximately £10 per participant per time point. Scored data to be supplied to Bangor in the folders = £2,400 per Authority for this. In return each Authority will receive a brief report summarising their results in terms of baseline description of family circumstances, level of child problems, teacher report summary and an outcome evaluation and this will enable us to complete a combined final evaluation of the outcomes for the six Authorities. This could be paid for within this financial year if that was helpful.

Judy Hutchings, Tracey Bywater and Dilys Williams  
December 2006

TO BE PRINTED ON LA HEADED PAPER

**INFORMATION & CONSENT FORM**

The service that you are being offered is one of six projects that have been funded by the Department for Education and Skills. The University of Wales, Bangor will be supplying the Local Authority with feedback on parent participation and whether parents feel that the course has been useful. To do this we will be asking you to provide us with routine information before and after you take part in the programme. This information includes questions about child behaviour at home and in school. The final report on the project will be entirely anonymous and only report how the groups in the six areas have responded to the programme. The group questionnaires will be analysed at the University of Wales, Bangor where the final report will be compiled.

I consent to completing the questionnaires and I give permission for the Local Authority to contact my son/daughter's head teacher now or in the future to request a progress report and to fill in a questionnaire on his/her behaviour.

I understand that the information will be kept strictly confidential and used for research purposes only.

Parent's signature.....

Parent's name in block capitals.....

Interviewer's signature.....

Interviewer's name in block capitals.....

Date.....