

More Incredible Years Dina Dinosaur Songs

Calming Turtle Cheer

We're the Calm Down Turtle and we're here to say:

You can calm down, just watch this way...

(leaders squat like a turtle and demonstrate)

3 deep breaths and say " I can calm down"

(3 times)

(leaders stand up)

Doing our best and we're in our vest.

Credit to Leanna Scott and Katrina Coffelt of Kentucky