



Dina Dinosaur's YEAR ONE CHECKLIST—Unit One

Apatosaurus Unit One: Wally and Dina Teach School Rules

SITE: _____

DATE: _____

LEADER NAMES: _____

TIME: _____

VIGNETTES COVERED:

Dina Program 1: Narration before Vignette 4 (optional may use narration for rules discussion)

LESSONS COVERED: 1, 2, 3

(Circle which vignettes and lessons you completed.)

[(n) means narration included.]

DID I	YES	NO
1. Open circle time with predictable routine	_____	_____
2. Talk about group rules	_____	_____
3. Explain Time-Out	_____	_____
4. Role play Time-Out	_____	_____
5. Explain detective manual/home activities	_____	_____
6. Review homework books	_____	_____
7. Send letters #1 & 2 to parents	_____	_____
8. Call parents to explain importance of their involvement	_____	_____
9. Do role plays about following directions	_____	_____

10. Do the following practice activities: (check those completed)

- Rules Poster
- Decorate line drawings of Dina (listening)
- Apatosaurus Activity #2 (from Homework Activities book)
- Rules Bingo (basic version or abbreviated to 4 rules for preschoolers)
- An Acquaintance Activity
- Read *Wally Meets Dina* book
- Put out books about rules, listening, and following directions
- Others (please describe)

11. Promote Concepts by: (check those completed)

- Praising children who were following directions
- Praising children for putting up quiet hands, listening in circle time,

Self-Evaluation & Notes



Dina Dinosaur's YEAR ONE CHECKLIST—Unit Two

Iguanodon Unit Two: Dina Teaches about Doing Your Best at School

SITE: _____

DATE: _____

LEADER NAMES: _____

TIME: _____

VIGNETTES COVERED:

Dina Program 6: Vignettes 1(n), 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 19, 20, 21, 22, 25, 26, 27, 28, 33, 34

LESSONS COVERED: 4, 5, 6, 7, 8, 9

(Circle which vignettes and lessons you completed.)
[(n) means narration included.]

DID I	YES	NO
1. Open circle time with predictable routine	_____	_____
2. Talk about group rules	_____	_____
3. Explain "Show Me Five"	_____	_____
4. Review homework books	_____	_____
5. Call parents to explain importance of their involvement	_____	_____
6. Do role plays about following directions	_____	_____

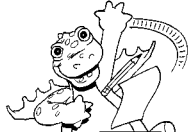
7. Do the following practice activities: (check those completed)

- Tornado Bottle
- Rules Poster (for preschoolers only 1-2 rules will be done at a lesson)
- Listening Bingo (reduce to 4 squares for preschoolers)
- Wally and Molly Listening Color Game
- An Acquaintance Activity
- Read *Wally Meets Dina* book
- Put out books about rules, listening and following directions
- Discuss Show Me Five Hand
- Following Direction Song
- Others (please describe)

8. Promote Concepts by: (check those completed)

- Praising children who were following directions
- Praising children for putting up quiet hands, listening in circle time,
Showing Me Five

Self-Evaluation & Notes



Dina Dinosaur' s YEAR ONE CHECKLIST—Unit Three

**Triceratops Unit Three: Wally Teaches About Understanding
and Detecting Feelings**

SITE: _____

DATE: _____

LEADER NAMES: _____

TIME: _____

VIGNETTES COVERED:

**Dina Program 2: Vignettes 1(n), 2, 3, 4, 5, 6, 7, 8,
9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19(n),
20, 21, 22, 25, 26, 27, 28, 33, 34**

LESSONS COVERED: 10, 11, 12, 13, 14, 15, 16, 17, 18

(Circle which vignettes and lessons you completed.)

[(n) means narration included.]

DID I	YES	NO
1. Open circle time with predictable routine	_____	_____
2. Talk about Wally's relaxation secrets	_____	_____
3. Put out books about feelings in library	_____	_____
4. Do "show and tell"	_____	_____
5. Role play feeling states	_____	_____
6. Sing feeling songs	_____	_____
7. Review homework activity books	_____	_____
8. Send letter about unit to parents	_____	_____
9. Explain unit to parents when possible	_____	_____

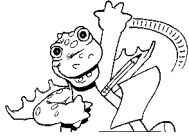
10. Do the following practice activities: (check those completed)

- Wally and Molly Listening Color Game
- Raggedy Wally
- Happy Thought/Place Book
- Picture Feeling Collage
- Feeling Spinning Wheel Game or Dice or Puzzles
- Read books about feelings
- Feeling Bingo Game
- Feeling Fingerprints
- Relaxation Thermometer
- Use Nursery Rhymes with feeling discussion
- Use Self-Encouragement Bubble
- Start Compliment Circle Time
- Others (please describe)

11. Promote Concepts by: (check those completed)

- Praising children who were following directions and classroom rules
- Praising children using their words to express themselves
- Describing children's feeling states

Self-Evaluation & Notes



Dina Dinosaur's YEAR ONE CHECKLIST—Unit Four

Stegosaurus Unit Four: Wally Teaches How to Problem Solve

SITE: _____

DATE: _____

LEADER NAMES: _____

TIME: _____

VIGNETTES COVERED:

Dina Program 3: Program 3: Parts 1-3 Vignettes (n), 1, 2, 3, 4,
5, 6, 7, 8, 9(n), 10(n), 11

LESSONS COVERED: 19, 20, 21, 22, 23, 24, 25, 26,
27, 28, 29

(Circle which vignettes and lessons you completed.)

[(n) means narration included.]

DID I

YES

NO

- | | | |
|---|-------|-------|
| 1. Open circle time with predictable routine | _____ | _____ |
| 2. Talk about Wally's problem solving steps | _____ | _____ |
| 3. Read books about problem solving (& put out on book shelf) | _____ | _____ |
| 4. Used Solution Detective Kit with children | _____ | _____ |
| 5. Role play problem solving solutions with puppets | _____ | _____ |
| 6. Use nursery rhymes to talk about problem solving steps | _____ | _____ |
| 7. Review homework activity books | _____ | _____ |
| 8. Send letter about unit to parents | _____ | _____ |
| 9. Explain unit to parents when possible | _____ | _____ |

10. Do the following practice activities: (check those completed)

- Wally's Solution Detective Kit
- Pass the Detective Hat Game
- Class Solution Notebook
- Problem Solving Bingo, Mazes, Memory Games
- Problem Solving Sequence Game
- Problem Solving Puzzles
- Read books about problem solving
- Detective Club
- Do *Wally's Detective Book for Solving Problems at School* with puppets
- Make a Fort
- Play Lego Solution Challenge Game
- Play Wally's Solution Fishing Game
- Read Rainbow Fish book and do Activity
- Read Joseph's Overcoat book and do Activity
- Do Humpty Dumpty Activity
- Do Solution Matching Art Game
- Play Tornado Waiting and Taking Turns Game
- Use play dough for Dinosaur Sharing or People Game
- Others (please describe)

11. Promote Concepts by: (check those completed)

- Praising children who were staying calm and problem solving
- Coaching children to problem solve
- Praising children using their words to express themselves
- Describing children's feeling states

Self-Evaluation & Note



Dina Dinosaur's YEAR ONE CHECKLIST—Unit Five

Tyrannosaurus Rex Unit Five: Tiny Turtle Teaches Anger Management

SITE: _____

DATE: _____

LEADER NAMES: _____

TIME: _____

VIGNETTES COVERED:

Dina Program 3: Part 4 Vignettes (n) 11, 12, 13, 14, 15, 16, 17,
18, 19

LESSONS COVERED: 30, 31, 32, 33, 34, 35, 36, 37,
38, 39, 40

(Circle which vignettes and lessons you completed.)
[(n) means narration included.]

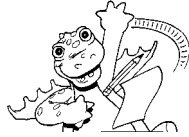
DID I	YES	NO
1. Open circle time with predictable routine	_____	_____
2. Talk about Wally's problem solving steps	_____	_____
3. Put out books about anger in library	_____	_____
4. Used Solution Detective Kit with children	_____	_____
5. Role play anger management solutions with puppets	_____	_____
6. Use nursery rhymes to talk about anger steps	_____	_____
7. Set up anger control station	_____	_____
8. Review homework activity books	_____	_____
9. Send letter about unit to parents	_____	_____
10. Explain unit to parents when possible	_____	_____
11. Do the following practice activities: (check those completed)		

- ___ Wally's Solution Detective Kit
- ___ Pass the Detective Hat Game
- ___ Class Solution Notebook
- ___ Anger Bingo, Mazes, Memory Games
- ___ Make Turtle Puppets
- ___ Make Large Turtle Shell (for children to get under)
- ___ Do Turtle Visualization
- ___ Anger Bingo, Mazes, Memory Games
- ___ Anger Sequence Game
- ___ Anger Puzzles
- ___ Read books about problem solving and anger
- ___ Detective Club
- ___ Do *Wally's Detective Book for Solving Problems at School* with puppets
- ___ Anger Thermometer
- ___ Make Turtle Vests
- ___ Thermometer Experiment
- ___ Read *Wally Learns a Lesson from Tiny Turtle*
- ___ Make Teasing Shields
- ___ Turtle Obstacle Course
- ___ Others (please describe)

12. Promote Concepts by: (check those completed)

- ___ Praising children who were staying calm and problem solving
- ___ Coaching children to problem solve
- ___ Praising children using their words to express themselves
- ___ Describing children's feeling states
- ___ Read books about anger management

Self-Evaluation & Notes



Dina Dinosaur's YEAR ONE CHECKLIST—Unit Six

Allosaurus Unit Six: Molly Teaches How to Be Friendly

SITE: _____

DATE: _____

LEADER NAMES: _____

TIME: _____

VIGNETTES COVERED:

Dina Program 4 Vignettes	1,	2,	3,	4,	5,	6,	7,	8 (n),				
	9,	10,	11,	12,	13,	14,	15,	16,	17,	18,	19,	20(n),
	(n) 21, 22,	23,	24,	25,	26(n),	27,	28 (n),	29,	30,	31		

LESSONS COVERED:	41,	42,	43,	44,	45,	46,	47,	48,	49,
	50,	51,	52,	53					

(Circle which vignettes and lessons you completed.)

[(n) means narration included.]

DID I	YES	NO
1. Open circle time with predictable routine	_____	_____
2. Talk about how to be friendly	_____	_____
3. Put out books about friendships in library	_____	_____
4. Continue to use Solution Detective Kit with children	_____	_____
5. Role play friendship solutions with students	_____	_____
6. Use books to talk about friendship issues	_____	_____
7. Review homework activity books	_____	_____
8. Send letter about unit to parents	_____	_____
9. Explain unit to parents when possible	_____	_____

10. Do the following practice activities: (check those completed)

- Guided Block Building Game
- Pass the Detective Hat Game
- Class Friendship Book of Activities
- Friendship Bingo, Mazes, Memory Games
- Dinosaur Stencils
- Read books about friends
- Friendship Detective Club
- Do *Wally's Detective Book for Solving Problems at School and Home* with puppets
- Cooperative "Favorite Things" Poster
- Cooperative Duplos or Clay Modeling
- Shared Friendship Activity
- Wally's Tallest Tower
- Puppet Plays about Friendship Issues
- Make Up Friendship Stories
- Dina's Friendly Feet
- Design a Dinosaur
- Helping Hands Activity
- Teamwork Color Art or Straw Art
- Curious Cube
- Floor Puzzle
- Rainbow Fish Activity and Story
- Sock Puppets
- Others (please describe)

11. Promote Concepts by:

- Praising children who were showing friendly behaviors (helping, sharing, teamwork)
- Using Peer Coaching to strengthen friendly behaviors
- Praising children using their words to express themselves
- Describing children's feeling states
- Read books about friendships

Self-Evaluation & Notes



Dina Dinosaur's YEAR ONE CHECKLIST—Unit Seven

Brachiosaurus Unit Seven: Molly Explains How to Talk with Friends

SITE: _____

DATE: _____

LEADER NAMES: _____

TIME: _____

VIGNETTES COVERED:

Dina Program 5: Vignettes (n), 1, 2, 3, 4, 5, 6, 7(n), 8, 9, 10n, 11, 12, 13, 14, 15, 16, Oscar

LESSONS COVERED: 54, 55, 56, 57, 58, 59, 60, 61, 62, 63

(Circle which vignettes and lessons you completed.)
[(n) means narration included.]

DID I	YES	NO
1. Open circle time with predictable routine	_____	_____
2. Talk about how to be friendly	_____	_____
3. Put out books about friendships in library	_____	_____
4. Continue to use Solution Detective Kit with children	_____	_____
5. Role play friendship solutions with students	_____	_____
6. Use books to talk about friendship issues	_____	_____
7. Review homework activity books	_____	_____
8. Send letter about unit to parents	_____	_____
9. Explain unit to parents when possible	_____	_____

10. Do the following activities: (check those completed)

- Fact Finding Interview
- Pass the Detective Hat Game& How to Talk to Others
- Class Friendship Book of Favorite Activities
- Social Skills Bingo, Mazes, Memory Games
- Read books about Friends
- Do *Wally's Detective Book for Solving Problems at Home and School* with puppets
- Mystery Object or Twenty Questions Game: Guess What?
- Asking to Share Game
- "Mother, May I Borrow" Game
- Make Dinosaurs
- "Molly Says" Game
- Please and Thank You Game
- Molly's Listening Game
- Clay Modeling: Guess What? Game
- Make Up Friendship Stories
- Baby Dina Puppets
- Make Invitations for Graduation
- Prepare Skits and Songs for Graduation with Parents
- Others (please describe)

11. Promote Concepts by:

- Praising children who were showing friendly behaviors (helping, sharing, teamwork)
- Using Peer Coaching to strengthen friendly behaviors
- Praising children using their words to express themselves
- Describing children's feeling states

Self-Evaluation & Notes



Allosaurus “Friendship” Lessons