

The Incredible Years

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Date / /

Leader 1 Leader 2

Site

PARENT GROUP LEADER CHECKLIST, Year 1

Session Nine: *How to Follow Through with Limits and Rules*

"Discipline Strategies for Child Disobedience and Hitting or Destructive Behaviors"

Handling Misbehavior Part 2: 5 - 8, 2 - 4

Please mark those vignettes shown and discussed. Vignettes in parentheses are optional. Use if you have time.

VIGNETTES COVERED: Handling Misbehavior Part 2

5 6 7 8 (9) 2 3 4

DID I:

1. Write the agenda on the board Yes No
2. Review parents' home activities; elicit reactions and experiences (to ignoring) Yes No
3. Assign new buddies and ask about buddy calls Yes No
4. Review the concepts from last week's session (briefly) Yes No
5. Leader explains Time Out using Scenarios 1, 2 & 3 Yes No
6. Highlight key principles from parents' discussion Yes No
7. Time Out Role Plays
 - a. Child goes willing to T. O. Yes No
 - b. Preschooler needs parent's help Yes No
 - c. Child won't stay in T. O. chair Yes No
8. Explain this week's home assignment Yes No

SELF-EVALUATION:

"GEMS" OF SESSION

REMINDER OF THINGS TO PURSUE NEXT SESSION