

# The Incredible Years

www.incredibleyears.com

Date   /   /

Leader 1

Leader 2

Site

## PARENT GROUP LEADER CHECKLIST, Year 1

### Session Eight: *How to Decrease your Child's Inappropriate Behaviors*

#### "Ignoring"

**Limit Setting Part 2: 1 - 8, 14**

**Handling Misbehavior Part 1: 5 - 9 (Ignoring), 14**

*Please mark those vignettes shown and discussed. Vignettes in parentheses are optional. Use if you have time.*

#### VIGNETTES COVERED: Limit Setting Part 2

1  2  3  4  5  6  7  8  (9)  (10)  (11)  (12)  (13)  14

#### Handling Misbehavior Part 1

5  6  7  8  9  (10)  (13)  14

#### DID I:

1. Write the agenda on the board  Yes  No
2. Review parents' home activities; elicit reactions and experiences (to reducing commands)  Yes  No
3. Ask about reading, play times  Yes  No
4. Ask about buddy calls  Yes  No
5. Review group list of behaviors want to see less of (do on board or flip chart)  Yes  No
6. Review the concepts from last week's session (briefly)  Yes  No
7. Review parents' house rules  Yes  No
8. Highlight key principles from parents' discussion  Yes  No
9. Role play Ignore  Yes  No
10. Explain this week's home assignment  Yes  No

#### SELF-EVALUATION:

"GEMS" OF SESSION

REMINDER OF THINGS TO PURSUE NEXT SESSION