The Incredible Years

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Date ☐☐ / ☐☐ / ☐☐

Leader 1 ☐☐☐☐

Leader 2 ☐☐☐☐

Site ☐☐

PARENT GROUP LEADER CHECKLIST
Session 8B
Anger Management

Parent Program 5, Part 2: Vignettes 13 - 22 (23 & 24 optional)
Detective Wally Teaches Problem-Solving Steps, Program 3, Part 4: Tiny Turtle

VIGNETTES COVERED: *(please mark those vignettes shown and discussed)*

Parent Program 5, Part 2:
- O Vignette 13 O Vignette 14 O Vignette 15 O Vignette 16
- O Vignette 17 O Vignette 18 O Vignette 19 O Vignette 20
- O Vignette 21 O Vignette 22 O Vignette 23 O Vignette 24

Detective Wally Teaches..Program 3, Part 4: O Tiny Turtle

DID YOU:

a. Write the agenda on the board O Yes O No

b. Review parents' home activities; elicit reactions and experiences O Yes O No

c. Review the concepts (coached peer play)) from last week's session (briefly) O Yes O No

d. Brainstorm: negative thoughts O Yes O No

e. Group exercise: change negative thoughts to coping thoughts O Yes O No

f. Rehearse Tiny Turtle's steps O Yes O No

g. Review home activity O Yes O No

SELF-EVALUATION

"GEMS" OF SESSION - REMINDER OF THINGS TO PURSUE NEXT SESSION