

The Incredible Years

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Date / /

PARENT GROUP LEADER CHECKLIST

Session 4B

Discipline and Limit Setting

Leader 1

Leader 2

Site

Parent Program 10: Reducing Inappropriate Behavior in School Age Children

Part 1: Limit Setting, Vignettes 1- 4, 8

Part 3: Time Out & Consequences, Vignettes 19, 22 - 24

Part 4: Logical Consequences, Vignettes 27, 28

Part 6: Stealing, Vignette 41

VIGNETTES COVERED: *(please mark those vignettes shown and discussed)*

Program 10, Part 1: Vignette 1 Vignette 2 Vignette 3 Vignette 4 Vignette 8

Program 10, Part 3: Vignette 19 Vignette 22 Vignette 23 Vignette 24

Program 10, Part 4: Vignette 27 Vignette 28

Program 10, Part 6: Vignette 41

DID YOU:

- a. Write the agenda on the board Yes No
- b. Review parents' home activities; elicit reactions and experiences Yes No
- c. Review the concepts (praise & incentives) from last week's session (briefly) Yes No
- d. Role play: Time Out
 - 1. Child goes to T.O. willingly Yes No
 - 2. Child refuses to go to T.O. Yes No
 - 3. T.O. for non-compliance Yes No
- e. Model and practice anger management steps for adults Yes No
- f. Review this week's home assignment Yes No

SELF-EVALUATION

"GEMS" OF SESSION - REMINDER OF THINGS TO PURSUE NEXT SESSION