



# Incredible Years in New Zealand An Overview of Progress





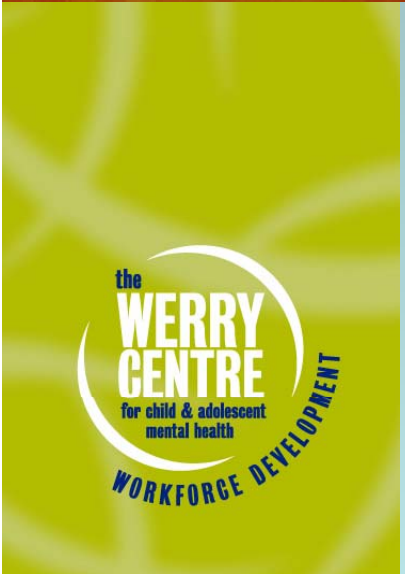
# Incredible Years Beginnings

- The Werry Centre trained 90 clinicians in Basic Parent Programme in August 2004
- Ingrid Altena employed as Project Leader for The Werry Centre October 2005
- First Accredited Leaders – December 2006
- First New Zealand mentor – September 2008



# Incredible Years Progress (2004 - 2010)

- Total trained group leaders 619
- leaders identifying as Maori 98
- leaders identifying as Pacific 12
- 21 Accredited Group Leaders
- 6 Trained Peer Coaches (3 Accredited)
- 2 New Zealand mentors in training
- 1 New Zealand mentor





# Implementation in New Zealand - not the “train and hope” model!

Attend a 3 Day Basic Training



Attend Supervision Days



Accreditation in Incredible Years (Werry Centre supported initiative)



Attend Consultation Days



Peer Coach Training



Mentor Training



# The Werry Centre Accreditation Model

- annual intake of accreditees
- 2 day intensive supervision workshops
- Peer coaches allocated to each accreditee
- DVD reviews and feedback
- Access to electronic discussion forums
- Consultation workshop
- Annual accredited leaders workshops





## Accreditation Progress in NZ

- 21 group leaders now accredited
- 27 group leaders are currently working towards accreditation through the Werry Centre in 2010
- 4 of these current Accreditees are Maori, 3 Pacific, 2 Asian





# Support for Accredited Leaders

- Annual Workshops and Consultations have been held in 2006, 2007, 2008, 2009, 2010





# Cultural Input



Waipapa Marae, Werry Centre - Maori Incredible Years Cultural hui, Jan 2010



# Cultural Input for Tangata Whenua

- Marae based Incredible Years Delivery – January 2009 (evaluation available on [www.werrycentre.org.nz](http://www.werrycentre.org.nz))
- Waipapa Marae, Auckland – January 2010 (report and resources available on [www.werrycentre.org.nz](http://www.werrycentre.org.nz))





# Pasifika Cultural Input

- Pacific fono held in Auckland, May 2009 and June 2010 – information gathering, shared experiences and presentation by Mercy Drummond
- Auckland has the largest Pacific population in the world so this has been an important focus of The Werry Centre





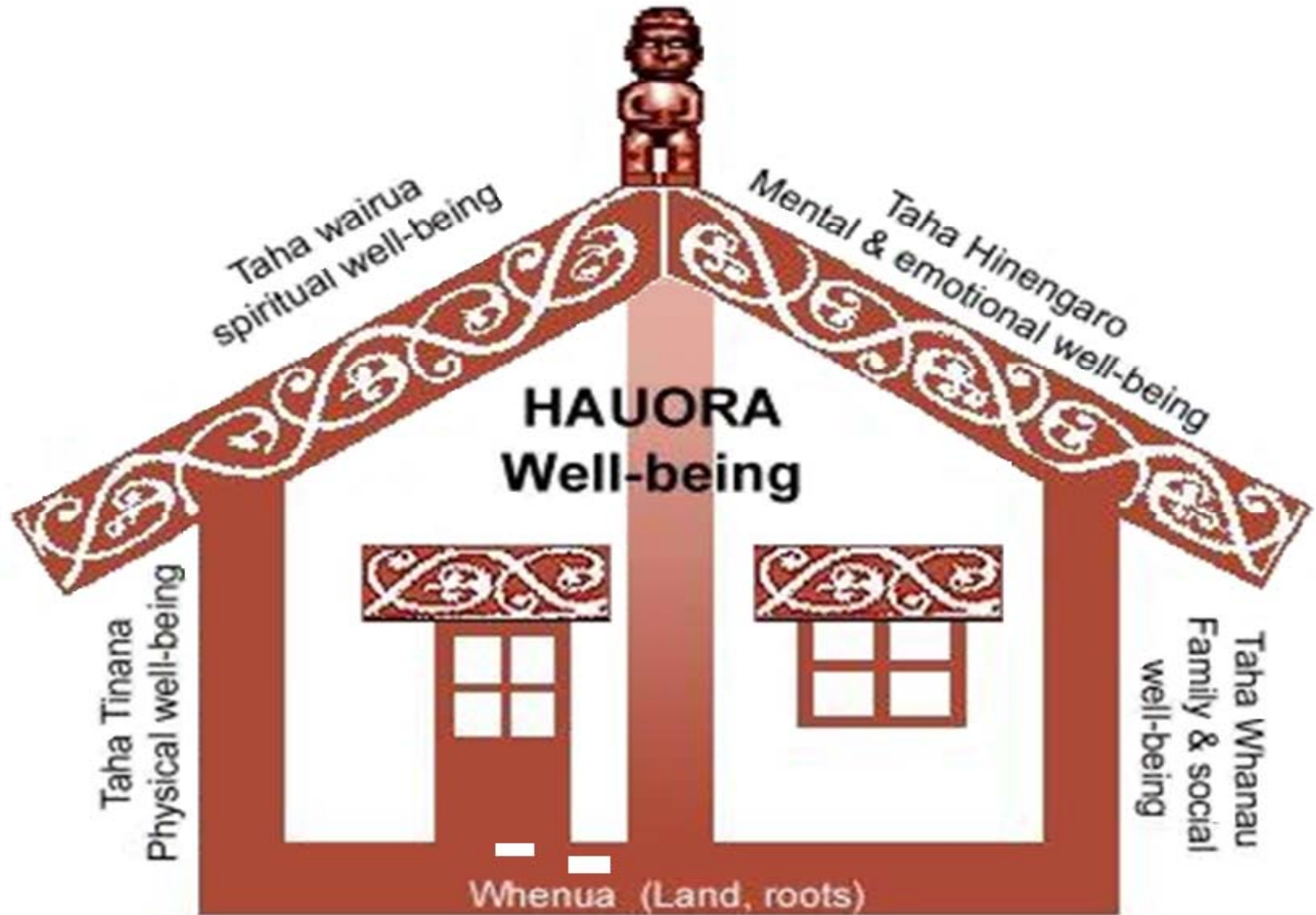
Supervision Day with Tania and Ingrid for Cultural Leaders working towards Accreditation – January 2010



## Cultural Fidelity

- Weaving together of tikanga and IYrs Fidelity – for Maori whanau this means ensuring that cultural needs are met within programme delivery
- If these needs are not met then the programme is NOT being delivered with fidelity!
- Te Whare Tapa Wha model of wellbeing

# Te Whare Tapa Wha





## Recent Developments

- Employment of Incredible Years Practice Advisor at Werry Centre
- Development of a poster highlighting NZ's progress in delivering Incredible Years to our indigenous Maori population (to be presented at Indigenous Conference, Hawaii)





# Ngā Tau Miharo O Aotearoa

Incredible Years With Maori Whānau In New Zealand

**Taha Wairua**  
(Spiritual Well-Being)



**Taha Hinengaro**  
(Mental & Emotional Well-Being)

**Hauora**  
(Well-Being)

**Taha Tinana**  
(Physical Well-Being)

**Taha Whānau**  
(Family & Social Well-Being)

**Nau Te Rourou, Naku Te Rourou, Ka Ora Ai Te Iwi**  
With your food basket and my food basket the people will thrive.

 [www.werrycentre.org.nz](http://www.werrycentre.org.nz) 



## The Werry Centre's Plans for the future include...

- to develop and provide a cultural training package for Accredited Group Leaders to ensure adequate cultural knowledge
- to provide annual Consultation Workshops for Accredited Leaders and Peer Coaches
- to continue to build IY sustainability in New Zealand by supporting Group Leaders working towards Accreditation





# The Werry Centre

for Child and Adolescent Mental Health  
Workforce Development

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