



Incredible Years – Profiles of (IY) Group Leaders, Mentors & Trainers

**Certified/Accredited*

<p>IY Group Leader A person who facilitates groups using the IY standard materials, methods, processes and protocols. Aims to become a certified and accredited Group Leader.</p> <p>IY Training Experience</p> <ul style="list-style-type: none"> • Has attended an authorized three (3) day IY training workshop. • Has studied therapist manuals, books and videotapes. • Has on-going peer review, consultation and supervision. <p>Background</p> <ul style="list-style-type: none"> • Typically, a degree and experience in either teaching, nursing, social work, psychology or psychiatry. Has attended courses in child development. 	<p>IY Group Leader* A Group Leader who has been certified/accredited after demonstrating competency in facilitating groups using the IY standard materials, methods, processes and protocols.</p> <p>IY Training Experience</p> <ul style="list-style-type: none"> • Has led <i>two or more</i> complete IY groups using the session protocols. • Has participated in consultation workshops (at least one) with trainers, supervision with mentors and peer review. • Has successfully completed the requirements for certification. <p><i>Certification is based on positive participant evaluations, positive trainer or mentor evaluations of videotape review, positive peer review and satisfactory completion of session protocols.</i></p> <p>Background</p> <ul style="list-style-type: none"> • A degree and experience in either teaching, nursing, social work, psychology or psychiatry. Has attended courses in child development. 	<p>IY Coach * A Coach who has been certified/accredited after demonstrating competency as a peer coach using the IY coaching methods and processes.</p> <p>IY Training Experience</p> <ul style="list-style-type: none"> • Has led 6 complete IY groups using the session protocols. Some of these groups include delivery of the updated version of the IY program • Has participated in peer coaching workshops (at least 2 days) with trainers and has supervision from mentors or trainers. <p><i>Certification is based on positive evaluations of coaching received from group leaders and trainer or mentor evaluations of DVD reviews of coaching provided.</i></p> <p>Background</p> <ul style="list-style-type: none"> • A masters degree in counseling, psychology, social work or psychiatry. <p>*Extra courses and experiences would be considered as an alternate to a masters degree.</p>	<p>IY Mentor* <i>Nominated by a current mentor or trainer:</i> A certified IY Leader provides authorized IY training workshops in his or her agency as well as ongoing mentoring & supervision to group leaders who s/he has trained.</p> <p>IY Training Experience</p> <ul style="list-style-type: none"> • Is a certified group leader. • Has led numerous (<i>approx 8+</i>) IY groups with fidelity & continues to deliver groups and participate in peer review. • Has obtained ongoing consultation from IY trainers for groups and supervision from mentors, including additional videotape reviews. • Has been trained to deliver authorized workshops using standard protocols. • Has observed mentors & trainers giving supervision and conducting workshops. • Has mentored new group leaders by co-leading groups with them and providing videotape feedback. <p><i>Certification based on positive trainer, mentor and group leader evaluations of workshop, positive evaluations by group leaders of mentoring received, and excellent group leadership skills.</i> (Follow complete process on Incredible Years website.)</p> <p>Background Generally, the same as the IY Group Leader categories.</p> <p>Plus</p> <ul style="list-style-type: none"> • Graduate degree in teaching, nursing, social work, psychology or psychiatry. 	<p>IY Trainer* <i>By executive appointment:</i> A certified IY Trainer provides international training and consultation services. Possesses outstanding leadership skills based on consistent high workshop supervision and evaluations. Has a long-standing commitment towards evidence-based programs with fidelity and leadership skills.</p> <p>IY Training Experience</p> <ul style="list-style-type: none"> • Is a certified IY Mentor. • Possesses extensive experience with delivering the IY program and mentoring other therapists. • Has broad supervision experience. • Has extensive knowledge of the IY research, and other research regarding evidence-based mental health programs for children. <p>Background A Masters, Ph.D. or MD degree - with extensive clinical & research experience.</p>
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